

REGIONAL COACH COURSE



COURSE FEE: \$450.00

Applications are accepted on a first come, first serve basis however registration will close once the maximum number of participants has been reached. Only completed applications will be processed. Spots cannot be reserved.

Skate Ontario reserves the right to withdraw any applicant who does not meet the Skate Canada registration requirements.

DESCRIPTION:

The Regional Coach Program prepares coaches to develop skaters at the Learn to Train and Learn to Compete stages of the Long-Term Athlete Development model (LTAD) in figure skating. Specifically, this context focuses on the STAR 1-5 program. Regional Coaches are qualified to coach all Skate Canada figure skating programs and levels. By taking this course, participants will earn a Regional Coach "In-Training" status.

TO REGISTER, PARTICIPANTS MUST:

- 1. Hold a CanSkate "Trained" or CanSkate "Certified" NCCP status (no exceptions).
- 2. Have passed one complete Senior Bronze STARSkate test OR the Junior Bronze/STAR 5 Freeskate test plus one additional Junior Bronze/STAR 5 test.
- 3. Submit proof of your 2018/2019 Skate Canada Professional Coaching membership or Registrant membership.

Please note the following:

Our membership season is in effect from September 1st - August 31st each year. Memberships must be renewed annually.

Registrant memberships can be obtained through your local Skate Canada club. Professional coaching memberships may be obtained through the Skate Canada Membership portal. Either membership will suffice.

Course participants will be required to complete a pre-course online training module. Details will be sent via email following the registration deadline date.

LATE FEES:

Late fees will be applied to all applications submitted after the registration deadline date. There will be a \$20.00 late fee per day for the course(s) registered to a maximum penalty of \$60.00.

REGISTRATION DETAILS:

- * No refunds will be issued after the deadline date.
- * Cancellations before the deadline date will be subject to a \$75.00 administrative fee.
- * Incomplete applications will be subject to a \$75.00 administrative fee. This includes missing/incorrect documentation.
- * Requests to change courses cannot be accommodated.
- * Course cancellations are at the sole discretion of Skate Ontario.

NCCP PLAGIARISM POLICY:

Skate Ontario takes plagiarism very seriously. Consequently, submissions as part of the NCCP course curriculum must be one's own work. Submitting someone else's work, in whole or in part, will result in a "needs improvement" evaluation, requiring a resubmission. Skate Ontario reserves the right to suspend one's privileges.

Please contact Skate Ontario Course Administrator/Coaching Programs Coordinator, Stephanie Klein for more information or with any questions you may have: sklein@skateontario.org.

Please see below for a complete description of the Regional Coach pathway.





NCCP Instruction Intermediate

Regional Coach Pathway

PRE-REQUISITES

- Skate Canada Club Coach: CanSkate Trained or Certified
- One Complete Senior Bronze STARSkate Test OR
 - STAR 5 Freeskate Assessment + one additional STAR 5 Assessment

Skate Canada eLearning

Regional Coach Pre-Course

Regional Coach In-training Course

(3-day course)

- How to teach skaters
- How to train skaters
- How to deliver skating programs
- How to assess STAR 1-5 skaters

Multi-sport modules are available to complete for further development as a coach. These modules are offered by the Provincial and Territorial Coaching Representatives and cover a variety of topics. Skate Canada recommends completing the following at the RC level:

- Basic Mental Skills

Regional Coach In-training

REGISTERED PROFESSIONAL COACH, IN GOOD STANDING

- Registered for the current season
- NCCP status (maintained where applicable)
- Valid First Aid
- Clear Screening
- Accepted Skate Canada's Code of Ethics

COACHES HAVE THREE YEARS FROM THE DATE OF THE INTRAINING COURSE TO BECOME REGIONAL COACH CERTIFIED OR PROVINCIAL COACH IN-TRAINING

ACCREDITATION FOR QUALIFYING EVENTS
Regional Coaches are eligible to attend Sectional
Championships & Regional Synchronized Skating
Championships with Pre-Juvenile and Juvenile skaters or

Skate Canada eLearning

- Learn to Train and CPC
- STAR 1-5 Assessor Training (* required prior to assessing your skaters)

Regional Coach Trained Portfolio

Includes the following components:

- Your coaching philosophy
- Your coaching goals
- Discover eLearning
- Mentorship
- Submission of two technical lessons
- Submission of one STAR 1-5 mock assessment
- Submit a STAR 1-5 weekly session plan

A trained status is achieved upon successful completion of the Regional Coach Trained Portfolio

Regional Coach Trained

Regional Coach Certified Portfolio

Includes the following components:

- Submission of two technical lessons
- Submission of an on or off-ice class
- Submission of a yearly plan for one of your skaters
- Discover eLearning

A certified status is achieved upon successful completion of the Regional Coach Certified Portfolio. Maintenance of Certification will apply with a certified status.

Regional Coach Certified

Provincial Coach Training