

|   | Lifts  | Twist Lifts                                | Jumps   | Throw jumps  |
|---|--|--|---|--|
| 1 | <b>VERY GOOD</b> TAKE-OFF AND LANDING                                | <b>GOOD</b> HEIGHT OF LADY IN AIR POSITION | <b>GOOD UNISON AND DISTANCE BETWEEN PARTNERS</b>                  | <b>VERY GOOD</b> HEIGHT AND DISTANCE                       |
| 2 | <b>GOOD</b> SPEED, FLOW AND ICE COVERAGE                             | CLEAN CATCH                                | <b>VERY GOOD</b> HEIGHT AND LENGTH (OF ALL JUMPS IN COMBO OR SEQ) | <b>GOOD</b> SPEED, FLOW AND CONTROL ON RELEASE AND LANDING |
| 3 | <b>EFFORTLESS</b> THROUGHOUT (INCL. ROTATION AND CHANGE OF POSITION) | <b>EFFORTLESS</b> THROUGHOUT               | <b>EFFORTLESS</b> THROUGHOUT (INCLUDING RHYTHM IN JUMP COMBO)     | <b>EFFORTLESS</b> THROUGHOUT                               |
| 4 | <b>VERY GOOD</b> AIR POSITIONS                                       | <b>GOOD</b> TAKE-OFF AND EXIT              | STEPS BEFORE, UNEXPECTED OR CREATIVE ENTRY                        | DIFFICULT, UNEXPECTED OR CREATIVE ENTRY                    |
| 5 | SMOOTH FOOTWORK OF MAN   | <b>VERY GOOD</b> SPEED AND FLOW            | <b>GOOD</b> TAKE-OFF AND LANDING                                  | <b>VERY GOOD</b> AIR POSITION                              |
| 6 | ELEMENT MATCHES THE MUSIC  | ELEMENT MATCHES THE MUSIC                  | ELEMENT MATCHES THE MUSIC   | ELEMENT MATCHES THE MUSIC                                  |

|          | <b>Solo Spins</b>   | <b>Pair Spins</b>   | <b>Death Spirals</b>  |
|----------|---|---|---|
| <b>1</b> | <b>GOOD UNISON AND DISTANCE BETWEEN PARTNERS</b>  | <b>GOOD CONTROL THROUGHOUT BY BOTH PARTNERS</b>   | <b>VERY GOOD POSITIONS OF BOTH PARTNERS</b>                           |
| <b>2</b> | <b>GOOD SPEED AND /OR ACCELERATION DURING SPIN</b>  | <b>GOOD SPEED AND /OR ACCELERATION DURING SPIN</b>  | <b>GOOD FLOW AND SPEED THROUGHOUT (INCL. ENTRY AND EXIT)</b>          |
| <b>3</b> | <b>EFFORTLESS THROUGHOUT</b>  | <b>EFFORTLESS THROUGHOUT</b>  | <b>EFFORTLESS THROUGHOUT</b>  |
| <b>4</b> | <b>GOOD CONTROLLED, CLEAR POSITION(S) (INCL. HEIGHT AND AIR/LANDING POS IN FLYING SPIN)</b> | <b>GOOD CONTROLLED, CLEAR POSITION(S) (INCL. HEIGHT AND AIR/LANDING POS IN FLYING SPIN)</b> | <b>GOOD CONTROLLED TRANSITION INTO REQUIRED POSITIONS AND ON EXIT</b> |
| <b>5</b> | <b>CREATIVITY AND ORIGINALITY</b>   | <b>CREATIVITY AND ORIGINALITY</b>   | <b>GOOD/CONTINUOUS EDGES DEMONSTRATED BY MAN AND LADY</b>             |
| <b>6</b> | <b>ELEMENT MATCHES THE MUSIC</b>  | <b>ELEMENT MATCHES THE MUSIC</b>  | <b>ELEMENT MATCHES THE MUSIC</b>                                      |

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|   | Step Sequences   | Choreo Sequences  |
|---|--|---|
| 1 | <b>GOOD</b> UNISON AND DISTANCE BETWEEN PARTNERS           | CREATIVITY AND ORIGINALITY  |
| 2 | ELEMENT MATCHES THE MUSIC                                  | ELEMENT MATCHES THE MUSIC AND REFLECTS THE CONCEPT / CHARACTER OF THE PROGRAM |
| 3 | EFFORTLESS THROUGHOUT WITH GOOD ENERGY, FLOW AND EXECUTION | EFFORTLESS DEMONSTRATION OF THE ELEMENT AS A SEQUENCE                         |
| 4 | CREATIVITY AND ORIGINALITY                                 | <b>GOOD</b> ICE COVERAGE  |
| 5 | <b>EXCELLENT</b> COMMITMENT AND CONTROL OF THE WHOLE BODY  | <b>GOOD</b> UNISON  |
| 6 | DEEP EDGES, CLEAN STEPS AND TURNS                          | <b>EXCELLENT</b> COMMITMENT AND CONTROL OF THE WHOLE BODY                     |

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