



Scheduling: Maximizing your Time

SKATE ONTARIO June 2018

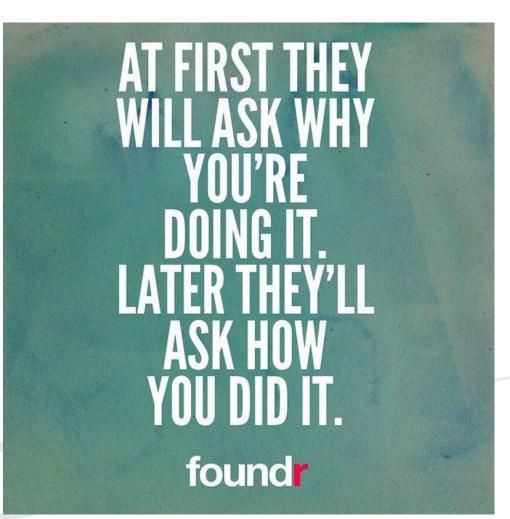






Agenda

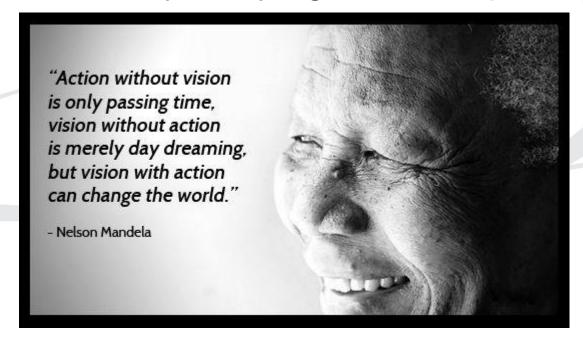
- *Strategies
- Group Work
- Discussion





Purpose?

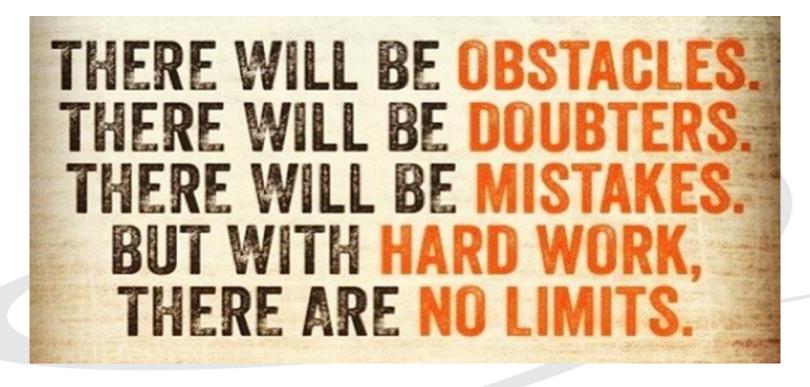
- What do your skaters need?
- Why do they need it?
- What priority is that?
- What areas are you trying to develop?





Challenges

What are obstacles?





Strategies

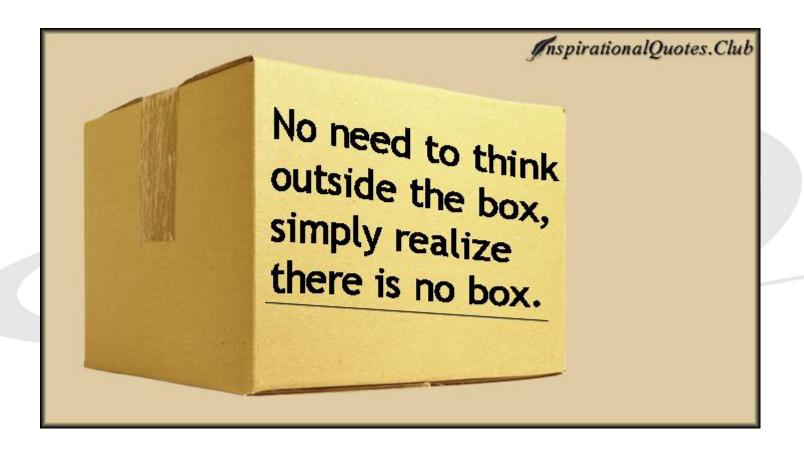
- Overlapping/Combining
- Class time (coach directed)
- Off ice time
- Open Sessions
- Neighbouring Club

I can't change the *direction of the wind*, but I can *adjust my sails* to always reach my *destination*



Group Work

Work through the scenario at your table





Reflection

