

Strength In Unity





Competition Structure

- Competition review began September 2016
- Consultation with Dr Steve Norris through Sport Canada Grant
- Framework for a plan based on athlete development was produced
- Skate Ontario Competition survey was released to all stakeholders
- Working group consisting of coaches, officials, tech support, event staff and sport staff, vetted the first draft.
- Coaches committee was added to vet the second draft
- Final draft was released in Jan 2018.



2017-18 Competition Structure

2017/2018 Current State												
CATEGORY / MONTH	JUL	AUG	SEP	ост	NOV	DEC	JAN	FEB	MAR	APR	MAY	NUL
Novice Pathway A	Summer Series		Fall Series		Sectionals	Challenge	Canadians International Opportunities		Spring Events		Training	
Novice Pathway B	Summer Series		Fall Series		Sectionals	Challenge	Trai	ning Spring Ev		vents Trainir		ning
Novice Pathway C	Summer Series		Fall Series		Sectionals	Training		Spring Events		Training		
Novice Pathway D	Summer Series		Fall Series		Training			Spring Events		Training		
Pre Novice Pathway A	Summer Series		Fall Series		Sectionals	Challenge	Trai	ning Spring Events		Events	Training	
Pre Novice Pathway B	Summe	Summer Series		Fall Series			Training		Spring Events		Training	
Pre Novice Pathway C	Summe	r Series	Fall Series		Training				Spring I	Training		
Juvenile A	Summe	r Series	Fall S	Series	Invitationals				Spring I	Training		
Juvenile B	Training					Invitationals				Spring Events		
Pre Juvenile A	Summer Series Fall Series		Invitationals				Spring E	Training				
Pre Juvenile B	Training			Invitationals				Spring Events		Training		
STAR 5 - GOLD	Summe	r Series	Fall :	Series	Invitationals/Club Events				Spring I	Training		
STAR 6 - GOLD	Training			Invitationals/Club Events				Spring I	Training			
STAR 1 - 4	Summer Series Fall Series				Club Events				Spring Events			





2018-19 Competition Structure

	July	August	September	October	November	December	January	February	March	April	May	June
Novice Pathway Option A		Sectiona	ıls Series		Sectionals	Challenge	Canadians	International Oppurtinities	Provincial Champs	Training		
Novice Pathway Option B		Sectiona	als Series		Sectionals	Challenge	Super Series Provinci Champ			Training		
Novice Pathway Option C		Sectiona	als Series		Sectionals	Quest		Provincial Champs	Training			
Novice Pathway Option D		Sectiona	als Series		Sectionals B	Quest		Provincial Champs	Training			
Novice Pathway Option E					Training	Quest		Provincial Champs	Training			
Pre Novice Pathway Option A		Sectiona	ıls Series		Sectionals	Challenge	Super Series Provincial Champs			Training		
Pre Novice Pathway Option B		Sectiona	als Series		Sectionals	Quest		Provincial Champs	Training			
Pre Novice Pathway Option C		Sectiona	als Series		Sectionals B	Quest		Provincial Champs	Training			
Pre Novice Pathway Option D		Trai	ning		Training	Quest	Provincial Champs			Training		
Juvenille Option A		Sectiona	ıls Series						Provincial Champs	Training		
Juvenille Option B	Training								Provincial Champs	Training		
Juvenille Option C									Provincial Champs	Training		
Pre Juvenille Option A	Sectionals Series							Provincial Champs	Training			
Pre Juvenille Option B	Training							Provincial Champs	Training			
STAR 5	Sectionals Series								Provincial Champs	Training		
STAR 5			Trai	ning				Provincial Champs	Training			
STAR 6 - GOLD		Sectiona	ıls Series					Provincial Champs	Training			
STAR 6 - GOLD	Training				Super Series			Provincial Champs	Training			





Performance Days

Frequently Asked Questions

- 1. What is a performance day?
- 2. Who can run one of these session?
- 3. How often can we do a session?
- 4. Why would we do one of these sessions?







Continuing our Change Journey...



