

## HOW TO REGISTER

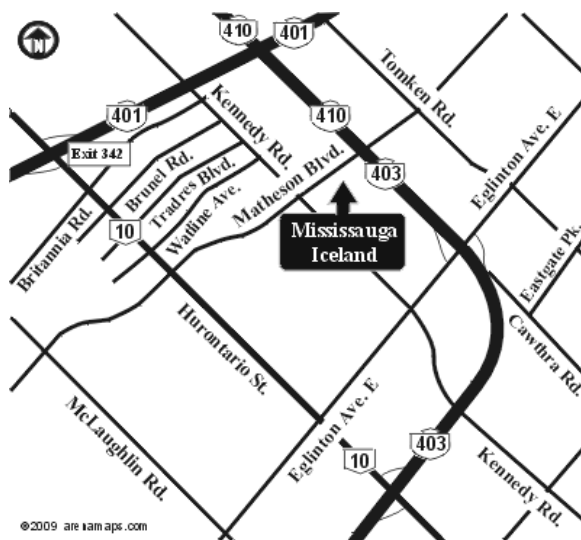
### For Returning Members:

1. Login to your account at [www.mississaugafsc.com](http://www.mississaugafsc.com)
2. Update any contact information
3. Click **REGISTRATION** on the main menu
4. Find a session you wish to register for and click the **REGISTER** button beside it
5. Select the skater you wish to register
6. Choose **REGISTER FOR MORE PROGRAMS** (if you wish to add additional weeks) or **CONFIRM & REGISTER**
7. Proceed to check out
8. Follow payment instructions

### For New Members:

1. Create an account at [www.mississaugafsc.com](http://www.mississaugafsc.com)
2. Add your contact information and add any skaters as participants
3. Continue from Step 3 in Returning Members instructions

Iceland Arena  
705 Matheson Blvd. E.,  
Mississauga, ON  
L4Z 4A6  
905-615-3200 x. 2030



[cuttingedge@mississaugafsc.com](mailto:cuttingedge@mississaugafsc.com)

## MFSC Cutting Edge Summer Skating



## Summer Figure Skating Camp

**Skate the summer with us  
and make new friends for life!**

**JULY 9 - AUG 3  
2018**

[cuttingedge@mississaugafsc.com](mailto:cuttingedge@mississaugafsc.com)

## Qualifications:

**Low Level:** Must have passed CanSkate Stage 3 or higher.

**High Level:** Must have passed a STAR 3 assessment.

## What to expect:

Each day, skaters will participate in:

- 2 on ice sessions
- 1 fitness class
- 1 off ice jump/stretch class
- Activities and games
- On ice group lessons
- Private lessons must be arranged between yourself and your coach

## FITNESS

Classes will be taught by Your Peak Performance and will include, but not be limited to, strength/cardio, dance, and yoga.

## NEW!!

**Synchro Seminar on Fridays!**  
An exciting opportunity for low level skaters to experience synchronized skating. Work together as a team and develop your skating skills in this 30 minute on ice seminar.

## WEEKS #1—4 MONDAY—THURSDAY

TIME	HIGH LEVEL	TIME	LOW LEVEL
8:00-8:45	Extended Care	8:00-9:00	Extended Care
8:45-9:45	Fitness	9:00-9:50	On Ice
9:50-10:50	On Ice	10:00-11:00	Fitness
11:00-12:00	Activities	11:00-12:00	Activities
12:00-12:45	LUNCH	12:00-12:55	LUNCH
1:00-2:00	On ice	12:55-1:35	Jump/Stretch
2:15-3:00	Jump/Stretch	1:50-2:50	On Ice
3:00	Pick up	3:00	Pick up
3:00-5:00	Extended Care	3:00-5:00	Extended Care

## WEEKS #1—4 FRIDAY

TIME	HIGH LEVEL	TIME	LOW LEVEL
8:00-9:00	Extended Care	8:00-9:00	Extended Care
9:00-9:50	Off ice	9:00-9:50	On Ice
9:50-10:50	On ice	10:00-11:00	Off Ice
11:00-12:00	Activities	11:00-12:00	Activities
12:00-3:00	Extended Care	12:00-3:00	Extended Care



## Registration Information

### PROGRAM FEES

HIGH LEVEL	\$320.00 / Week
LOW LEVEL	\$320.00 / Week

WEEK # 1..... July 9 - 13

WEEK # 2..... July 16 - 20

WEEK # 3..... July 23 - 27

WEEK # 4..... July 30 - August 3

**TENTATIVE TEST DAY:**  
Friday August 3, 2018.

Skater must skate a minimum of 3 weeks in order to be eligible to test.  
(Test fees are extra)

Note: Friday programs run half-day.

