



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex
STAR 8 Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Iliana Katsoulis	Minto SC,ON	21.62	14.44	0.00	0.00	36.06

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 2Lo	1.70	0.23	0	3	1	2	-	-	-	-	-	1	-	-	1.93
2 2Lz+2T	3.40	0.07	0	2	1	0	-	-	-	-	-	-1	-	-	3.47
3 1A+2Lo	2.80	0.23	0	2	2	2	-	-	-	-	-	0	-	-	3.03
4 CCoSpB	1.70	0.28	1	2	3	1	-	-	-	-	-	2	-	-	1.98
5 2F(e)+2T	2.65	-0.32	-2	0	-2	-3	-	-	-	-	-	-3	-	-	2.33
6 ChSq1	3.00	0.50	1	2	1	0	-	-	-	-	-	1	-	-	3.50
7 2Lz	2.10	-1.05	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	1.05
8 FCCoSpB	1.70	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.70
9 2F(e)	1.35	-0.32	-2	-2	-2	-3	-	-	-	-	-	-3	-	-	1.03
10 FCSpB	1.60	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.60

x - credit for second half, base value multiplied by 1.1
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge
 < - underrotated jump
 << - (singles & pairs) downgraded jump
 * - invalid element, scored as zero
 ! - (Key Points Dance) incomplete
 < - (Key Points Dance) interruption
 << - (Key Points Dance) interruption
 e - jump take-off (Flip/Lutz) with edge
 REP - repeated jump restriction
 S - (Pattern Dance Type Step Seq.) separation
 V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		4.00	3.50	3.25	3.25	-	-	-	-	-	4.25	-	-	3.58
Transitions	0.75		4.25	3.50	3.25	3.25	-	-	-	-	-	4.25	-	-	2.75
Performance	1.00		4.00	3.25	3.25	3.50	-	-	-	-	-	4.00	-	-	3.58
Composition	0.50		4.00	3.50	3.25	3.50	-	-	-	-	-	4.25	-	-	1.84
Interpretation of the Music	0.75		4.25	3.50	3.00	3.25	-	-	-	-	-	4.00	-	-	2.69

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Adelle MacLeod	Glen Cairn SC,ON	18.59	13.47	0.00	0.00	32.06

#	Executed Element	Base						JREF						Score		
		Value	GOE	J1	J2	J3	J4									
1	2Lo+1Lo	2.20	0.06	0	1	2	0	-	-	-	-	-	0	-	-	2.26
2	FCSpB	1.60	0.21	1	2	1	0	-	-	-	-	-	2	-	-	1.81
3	2F<	1.35	-0.68	-5	-5	-5	-4	-	-	-	-	-	-5	-	-	0.67
4	2S+2T	2.60	-0.35	-1	-3	-3	-2	-	-	-	-	-	-4	-	-	2.25
5	SSpB	1.10	0.22	2	3	2	2	-	-	-	-	-	1	-	-	1.32
6	ChSq1	3.00	0.83	2	2	1	1	-	-	-	-	-	3	-	-	3.83
7	1A	1.10	0.04	0	1	2	0	-	-	-	-	-	0	-	-	1.14
8	1Lz+2T	1.90	0.04	0	1	1	0	-	-	-	-	-	0	-	-	1.94
9	2S	1.30	0.09	0	1	1	0	-	-	-	-	-	1	-	-	1.39
10	CCoSpB	1.70	0.28	2	3	1	2	-	-	-	-	-	1	-	-	1.98
18.59																

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		3.75	3.25	3.25	3.00	-	-	-	-	-	-	4.00	-	-	3.42
Transitions	0.75		3.50	3.25	3.50	2.75	-	-	-	-	-	-	3.75	-	-	2.57
Performance	1.00		3.25	3.50	3.25	3.25	-	-	-	-	-	-	3.75	-	-	3.33
Composition	0.50		3.50	3.50	3.25	3.25	-	-	-	-	-	-	3.75	-	-	1.71
Interpretation of the Music	0.75		3.25	3.25	3.25	3.25	-	-	-	-	-	-	3.75	-	-	2.44
13.47																

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Alysha Wenghofer	Kemptville SC,ON	17.41	12.21	0.00	0.00	29.62

#	Executed Element	Base						JREF						Score		
		Value	GOE	J1	J2	J3	J4									
1	CCoSpB	1.70	0.17	1	2	1	1	-	-	-	-	-	0	-	-	1.87
2	2S+1T	1.70	0.04	1	2	0	0	-	-	-	-	-	0	-	-	1.74
3	2F+1T	2.20	-0.12	-1	1	-1	-1	-	-	-	-	-	0	-	-	2.08
4	FCSpB	1.60	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.60
5	ChSq1	3.00	0.00	0	1	0	0	-	-	-	-	-	0	-	-	3.00
6	2T+2T	2.60	-0.17	0	-2	-2	-2	-	-	-	-	-	0	-	-	2.43
7	1A	1.10	0.00	-1	1	0	0	-	-	-	-	-	0	-	-	1.10
8	2F	1.80	-0.30	-1	-2	-3	-2	-	-	-	-	-	-1	-	-	1.50
9	2Lo	1.70	-0.85	-5	-5	0	-5	-	-	-	-	-	-5	-	-	0.85
10	CSSpB (V)	1.20	0.04	0	2	-5	0	-	-	-	-	-	1	-	-	1.24

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		3.75	3.00	3.00	3.00	-	-	-	-	-	3.50	-	-		3.17
Transitions	0.75		3.25	3.25	2.75	2.75	-	-	-	-	-	3.25	-	-		2.31
Performance	1.00		3.25	3.00	2.50	2.75	-	-	-	-	-	3.25	-	-		3.00
Composition	0.50		3.50	3.00	2.75	2.75	-	-	-	-	-	3.50	-	-		1.54
Interpretation of the Music	0.75		3.25	3.00	2.50	2.50	-	-	-	-	-	3.25	-	-		2.19
																12.21

0.00



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4	Sarah Campbell	Lindsay FSC,ON	16.73	12.33	0.00	0.00	29.06

#	Executed Element	Base							JREF					Score		
		Value	GOE	J1	J2	J3	J4									
1	1A+1A+SEQ	1.76	0.04	0	2	0	1	-	-	-	-	-	0	-	-	1.80
2	2S+1T	1.70	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.70
3	FCSpB	1.60	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.60
4	2F	1.80	0.06	0	2	0	1	-	-	-	-	-	0	-	-	1.86
5	ChSq1	3.00	0.17	1	2	0	0	-	-	-	-	-	0	-	-	3.17
6	2Lo+1Lo	2.20	0.00	0	1	0	0	-	-	-	-	-	0	-	-	2.20
7	CCoSpB (V)	1.28	-0.13	-2	-1	-1	-1	-	-	-	-	-	0	-	-	1.15
8	2Lo	1.70	-0.85	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.85
9	2S	1.30	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.30
10	SSpB	1.10	0.00	0	2	0	0	-	-	-	-	-	0	-	-	1.10

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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
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Program Component	Factor															
Skating Skills	1.00		3.50	3.25	3.00	3.25	-	-	-	-	-	3.25	-	-		3.25
Transitions	0.75		3.25	3.25	2.75	2.75	-	-	-	-	-	3.00	-	-		2.25
Performance	1.00		3.50	3.00	2.75	3.00	-	-	-	-	-	3.25	-	-		3.08
Composition	0.50		3.00	3.00	3.00	3.00	-	-	-	-	-	3.25	-	-		1.50
Interpretation of the Music	0.75		3.25	3.00	2.75	2.75	-	-	-	-	-	3.25	-	-		2.25

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Tiana Michalska	Glen Cairn SC,ON	16.32	11.98	0.00	0.00	28.30

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 2F<	1.35	-0.68	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.67
2 2Lz	2.10	-0.14	0	-1	-1	-2	-	-	-	-	-	0	-	-	1.96
3 FCSpB	1.60	-0.16	-1	0	0	-2	-	-	-	-	-	-2	-	-	1.44
4 1A	1.10	0.07	1	2	1	0	-	-	-	-	-	0	-	-	1.17
5 2Lo+2T	3.00	-0.40	-1	-2	-3	-2	-	-	-	-	-	-3	-	-	2.60
6 CCoSpB	1.70	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.70
7 2S+2T	2.60	-0.26	-2	-2	-3	0	-	-	-	-	-	-2	-	-	2.34
8 ChSq1	3.00	0.17	0	1	1	0	-	-	-	-	-	0	-	-	3.17
9 2F<<+REP	0.35	-0.25	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.10
10 SSpB	1.10	0.07	1	1	1	-2	-	-	-	-	-	0	-	-	1.17
16.32															

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Program Component	Factor														
Skating Skills	1.00		3.25	3.00	2.75	2.75	-	-	-	-	-	3.50	-	-	3.00
Transitions	0.75		3.50	3.00	2.50	2.50	-	-	-	-	-	3.25	-	-	2.19
Performance	1.00		3.75	3.00	2.50	2.75	-	-	-	-	-	3.25	-	-	3.00
Composition	0.50		3.50	3.00	2.75	2.75	-	-	-	-	-	3.50	-	-	1.54
Interpretation of the Music	0.75		3.75	3.00	2.50	2.75	-	-	-	-	-	3.25	-	-	2.25
11.98															

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Lauren Roberts	Minto SC,ON	14.85	12.30	0.00	0.00	27.15

#	Executed Element	Base Value	GOE	Base				JREF	Score
				J1	J2	J3	J4		
1	2F+1T !	2.20	-0.18	-1	0	-1	-2	-1	2.02
2	2Lo	1.70	0.00	0	1	0	0	0	1.70
3	CCoSpB	1.70	-0.11	-1	1	-1	-2	0	1.59
4	2Lz<<	0.60	-0.30	-5	-5	-5	-5	-5	0.30
5	2S	1.30	-0.43	-4	-3	-4	-3	-3	0.87
6	ChSq1	3.00	0.00	0	1	0	0	0	3.00
7	1A+1Lo	1.60	0.00	0	1	0	0	0	1.60
8	FCSpB	1.60	-0.05	-1	1	0	-2	0	1.55
9	2F<	1.35	-0.27	-2	-2	-3	-2	-2	1.08
10	SSpB	1.10	0.04	0	1	1	-1	0	1.14
									14.85

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Program Component	Factor	3.00	3.25	2.75	2.75	-	-	-	-	-	3.25	-	-	Score
Skating Skills	1.00													3.00
Transitions	0.75													2.25
Performance	1.00													3.08
Composition	0.50													1.59
Interpretation of the Music	0.75													2.38
														12.30

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Sarah McHugh	Gloucester Skatin,ON	15.54	11.18	0.00	0.00	26.72

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 1A+1Lo	1.60	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.60
2 2S+2T<<	1.70	-0.52	-3	-4	-4	-4	-	-	-	-	-	-4	-	-	1.18
3 ChSq1	3.00	1.00	2	2	2	0	-	-	-	-	-	2	-	-	4.00
4 LSpB	1.20	0.16	1	2	2	0	-	-	-	-	-	1	-	-	1.36
5 2Lo<+1T	1.68	-0.34	-2	-2	-3	-3	-	-	-	-	-	-4	-	-	1.34
6 1Lz	0.60	0.00	0	0	0	0	-	-	-	-	-	0	-	-	0.60
7 FCSpB	1.60	0.11	1	2	0	0	-	-	-	-	-	1	-	-	1.71
8 2S	1.30	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.30
9 CCoSpB (V)	1.28	0.09	1	1	-1	0	-	-	-	-	-	1	-	-	1.37
10 2T	1.30	-0.22	-1	0	-3	-1	-	-	-	-	-	-4	-	-	1.08

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 REP - repeated jump restriction
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Program Component	Factor														
Skating Skills	1.00		2.75	3.00	2.75	2.50	-	-	-	-	-	3.25	-	-	2.83
Transitions	0.75		2.50	2.75	2.50	2.00	-	-	-	-	-	3.25	-	-	1.94
Performance	1.00		3.25	2.75	2.50	2.25	-	-	-	-	-	3.25	-	-	2.83
Composition	0.50		3.00	3.00	2.75	2.25	-	-	-	-	-	3.50	-	-	1.46
Interpretation of the Music	0.75		3.25	2.75	2.50	2.00	-	-	-	-	-	3.25	-	-	2.12

11.18

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Grace Elliott	Gloucester Skatin,ON	14.99	11.20	0.00	0.00	26.19

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 2T+1T	1.70	-0.39	-2	-3	-3	-3	-	-	-	-	-	-3	-	-	1.31
2 1Lz	0.60	-0.10	-1	-2	-2	-2	-	-	-	-	-	-1	-	-	0.50
3 2Lo<+1Lo	1.78	-0.30	-2	-3	-3	-2	-	-	-	-	-	-2	-	-	1.48
4 CSSpB	1.60	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.60
5 1A+2T	2.40	-0.22	-1	-1	-2	-2	-	-	-	-	-	-2	-	-	2.18
6 ChSq1	3.00	0.00	0	0	0	0	-	-	-	-	-	1	-	-	3.00
7 CCoSpB	1.70	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.70
8 2F<<	0.50	-0.18	-3	-4	-5	-4	-	-	-	-	-	-3	-	-	0.32
9 2S	1.30	0.00	0	-1	0	0	-	-	-	-	-	0	-	-	1.30
10 FCSpB	1.60	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.60

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 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		3.00	2.75	2.75	2.75	-	-	-	-	-	3.00	-	-	2.83
Transitions	0.75		3.25	2.75	2.50	2.50	-	-	-	-	-	3.00	-	-	2.06
Performance	1.00		2.75	2.75	2.50	2.75	-	-	-	-	-	3.25	-	-	2.75
Composition	0.50		3.25	3.00	2.75	2.75	-	-	-	-	-	3.25	-	-	1.50
Interpretation of the Music	0.75		3.00	2.75	2.50	2.50	-	-	-	-	-	3.25	-	-	2.06
															11.20

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Autumn Swan	Skate Brockville/,ON	14.97	10.20	0.00	0.00	25.17

#	Executed Element	Base							JREF	Score	
		Value	GOE	J1	J2	J3	J4				
1	FCCoSpB	1.70	0.11	0	1	2	1	-	-	0	1.81
2	1A	1.10	0.11	1	2	1	0	-	-	1	1.21
3	2F<+1T	1.75	-0.18	-1	-2	0	-1	-	-	-2	1.57
4	2T	1.30	-0.65	-5	-5	-5	-5	-	-	-5	0.65
5	2S+1Lo	1.80	-0.22	-1	-2	-3	-2	-	-	0	1.58
6	FSSpB	1.70	-0.17	-1	-3	0	-2	-	-	0	1.53
7	ChSq1	3.00	0.00	0	0	0	0	-	-	0	3.00
8	1F	0.50	-0.15	-3	-3	0	-3	-	-	-5	0.35
9	2S+1T	1.70	-0.13	-1	-1	-1	-1	-	-	0	1.57
10	CCoSpB	1.70	0.00	0	-2	0	0	-	-	0	1.70
											14.97

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 << - (singles & pairs) downgraded jump
 * - invalid element, scored as zero
 ! - (Key Points Dance) incomplete
 < - (Key Points Dance) interruption
 << - (Key Points Dance) interruption
 e - jump take-off (Flip/Lutz) with edge
 REP - repeated jump restriction
 S - (Pattern Dance Type Step Seq.) separation
 V - spin requirement not met

Program Component	Factor	2.00	2.50	2.75	2.75	-	-	-	-	-	3.75	-	-	Score
Skating Skills	1.00	2.00	2.50	2.75	2.75	-	-	-	-	-	3.75	-	-	2.67
Transitions	0.75	2.00	2.75	2.50	2.50	-	-	-	-	-	3.50	-	-	1.94
Performance	1.00	1.50	2.50	2.50	2.50	-	-	-	-	-	3.50	-	-	2.50
Composition	0.50	2.00	2.50	2.50	2.25	-	-	-	-	-	3.50	-	-	1.21
Interpretation of the Music	0.75	1.75	2.75	2.50	2.25	-	-	-	-	-	3.50	-	-	1.88
														10.20

0.00



Nepean Winter Skate 2019

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Nepean Sportsplex
STAR 8 Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
10	Emma Tsang	Nepean SC, Inc.,ON	13.48	11.43	0.00	0.00	24.91

#	Executed Element	Base							JREF							Score	
		Value	GOE	J1	J2	J3	J4										
1	2F<	1.35	-0.27	-2	-2	-3	-2	-	-	-	-	-	-	-2	-	-	1.08
2	FCSpB	1.60	0.11	0	1	-1	1	-	-	-	-	-	1	-	-	1.71	
3	2Lo<<	0.50	-0.25	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.25	
4	2T<<	0.40	-0.20	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.20	
5	2S+2Lo<<	1.80	-0.39	-3	-3	-3	-4	-	-	-	-	-	-3	-	-	1.41	
6	FCCoSpB	1.70	-0.28	-1	-2	-2	-2	-	-	-	-	-	0	-	-	1.42	
7	ChSq1	3.00	0.00	0	0	0	0	-	-	-	-	-	0	-	-	3.00	
8	2S+2T<<	1.70	-0.43	-3	-4	-3	-4	-	-	-	-	-	-3	-	-	1.27	
9	1A+1T	1.50	0.00	0	1	0	0	-	-	-	-	-	0	-	-	1.50	
10	CCoSpB	1.70	-0.06	0	1	-1	-2	-	-	-	-	-	0	-	-	1.64	
		13.48															

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		2.75	3.25	2.50	2.50	-	-	-	-	-	3.25	-	-		2.83
Transitions	0.75		3.25	3.00	2.25	2.25	-	-	-	-	-	3.25	-	-		2.12
Performance	1.00		3.00	3.00	2.25	2.50	-	-	-	-	-	3.25	-	-		2.83
Composition	0.50		3.25	3.00	2.50	2.50	-	-	-	-	-	3.50	-	-		1.46
Interpretation of the Music	0.75		3.00	3.25	2.50	2.25	-	-	-	-	-	3.25	-	-		2.19
		11.43														

0.00



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STAR 8 Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
11	Jennifer Martens	Glen Cairn SC,ON	12.29	11.22	0.00	0.00	23.51

#	Executed Element	Base							JREF							Score	
		Value	GOE	J1	J2	J3	J4										
1	2S+2T<<	1.70	-0.48	-3	-4	-3	-4	-	-	-	-	-	-	-4	-	-	1.22
2	2Lo<<+1Lo	1.00	-0.18	-3	-4	-4	-4	-	-	-	-	-	-	-3	-	-	0.82
3	CCoSpB	1.70	0.00	0	0	-1	0	-	-	-	-	-	-	0	-	-	1.70
4	ChSq1	3.00	0.00	0	1	0	0	-	-	-	-	-	-	0	-	-	3.00
5	1A+2Lo<<	1.60	-0.55	-5	-5	-4	-5	-	-	-	-	-	-	-5	-	-	1.05
6	LSpB	1.20	-0.12	-1	0	0	-2	-	-	-	-	-	-	-2	-	-	1.08
7	2T<<	0.40	-0.13	-3	-3	-4	-4	-	-	-	-	-	-	-3	-	-	0.27
8	2F<<	0.50	-0.25	-5	-5	-5	-5	-	-	-	-	-	-	-5	-	-	0.25
9	2S	1.30	0.00	0	1	0	0	-	-	-	-	-	-	0	-	-	1.30
10	FCSpB	1.60	0.00	0	1	0	-1	-	-	-	-	-	-	0	-	-	1.60
																	12.29
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero			e - jump take-off (Flip/Lutz) with edge												
! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge		! - (Key Points Dance) incomplete			REP - repeated jump restriction												
< - underrotated jump		< - (Key Points Dance) interruption			S - (Pattern Dance Type Step Seq.) separation												
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption			V - spin requirement not met												

Program Component	Factor																
Skating Skills	1.00		2.75	3.00	2.50	2.50	-	-	-	-	-	-	3.25	-	-		2.75
Transitions	0.75		3.00	3.00	2.50	2.25	-	-	-	-	-	-	3.25	-	-		2.12
Performance	1.00		3.00	2.75	2.25	2.75	-	-	-	-	-	-	3.25	-	-		2.83
Composition	0.50		3.25	3.00	2.50	2.50	-	-	-	-	-	-	3.25	-	-		1.46
Interpretation of the Music	0.75		3.00	2.75	2.50	2.25	-	-	-	-	-	-	3.50	-	-		2.06
																	11.22

0.00



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 STAR 8 Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
12	Christie Douglas	Winchester SC Inc,ON	10.18	10.13	0.00	0.00	20.31

#	Executed Element	Base							JREF							Score	
		Value	GOE	J1	J2	J3	J4										
1	2S<<	0.40	-0.20	-5	-5	-5	-5	-	-	-	-	-	-	-5	-	-	0.20
2	2Lz(e)	1.58	-0.42	-2	-2	-3	-3	-	-	-	-	-	-	-3	-	-	1.16
3	FSSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
4	ChSq1	3.00	0.00	0	1	0	0	-	-	-	-	-	-	0	-	-	3.00
5	2F+2T<<	2.20	-0.54	-3	-1	-3	-4	-	-	-	-	-	-	-3	-	-	1.66
6	SSpB	1.10	0.04	0	1	0	1	-	-	-	-	-	-	0	-	-	1.14
7	2Lo<<	0.50	-0.25	-5	-5	-5	-5	-	-	-	-	-	-	-5	-	-	0.25
8	2S+SEQ+1F*	1.04	-0.65	-5	-4	-5	-5	-	-	-	-	-	-	-5	-	-	0.39
9	1A	1.10	0.00	0	0	0	0	-	-	-	-	-	-	0	-	-	1.10
10	CCoSpB (V)	1.28	0.00	-1	0	0	0	-	-	-	-	-	-	0	-	-	1.28

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor	1.75	3.00	2.75	2.50	-	-	-	-	-	3.00	-	-	2.75
Skating Skills	1.00	1.75	3.00	2.75	2.50	-	-	-	-	-	3.00	-	-	2.75
Transitions	0.75	2.00	3.25	2.25	2.25	-	-	-	-	-	3.00	-	-	1.88
Performance	1.00	1.75	2.75	2.25	2.00	-	-	-	-	-	3.00	-	-	2.33
Composition	0.50	2.25	3.00	2.50	2.25	-	-	-	-	-	3.25	-	-	1.29
Interpretation of the Music	0.75	1.75	2.75	2.50	2.25	-	-	-	-	-	3.00	-	-	1.88

0.00