



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Gold Triathlon Women - Creative Skating Skills

| Rank | Name | Club | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|-----------------|----------------|---------------|-----------------|-------|------------|-------|
| 1 | Vanessa Barraco | Windsor FSC,ON | 19.59 | 19.83 | 0.00 | 0.00 | 39.42 |

| # | Executed Element | Base | | | | | | | | | | JREF | Score | | | |
|--|------------------|--------------------------------------|------|----|----|----|--|----|----|----|----|------|-------|---|---|------|
| | | Value | GOE | J1 | J2 | J3 | J4 | J5 | J6 | J7 | J8 | | | | | |
| 1 | CrTwB | 4.50 | 0.45 | 2 | 0 | 4 | - | 1 | - | - | - | - | -1 | - | - | 4.95 |
| 2 | CrSIStB | 3.50 | 0.93 | 3 | 2 | 3 | - | 3 | - | - | - | - | 2 | - | - | 4.43 |
| 3 | CrCiStB | 4.00 | 0.93 | 2 | 1 | 3 | - | 3 | - | - | - | - | 2 | - | - | 4.93 |
| 4 | CrFMSqB | 4.40 | 0.88 | 2 | 2 | 4 | - | 1 | - | - | - | - | 2 | - | - | 5.28 |
| | | 19.59 | | | | | | | | | | | | | | |
| x - credit for second half, base value multiplied by 1.1 | | * - invalid element, scored as zero | | | | | e - jump take-off (Flip/Lutz) with edge | | | | | | | | | |
| ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge | | ! - (Key Points Dance) incomplete | | | | | REP - repeated jump restriction | | | | | | | | | |
| < - underrotated jump | | < - (Key Points Dance) interruption | | | | | S - (Pattern Dance Type Step Seq.) separation | | | | | | | | | |
| << - (singles & pairs) downgraded jump | | << - (Key Points Dance) interruption | | | | | V - spin requirement not met | | | | | | | | | |

| Program Component | Factor | J1 | J2 | J3 | J4 | J5 | J6 | J7 | J8 | J9 | J10 | J11 | J12 | Score |
|-----------------------------|--------|------|------|------|----|------|----|----|----|----|-----|-----|------|-------|
| Skating Skills | 1.00 | 3.75 | 3.00 | 5.00 | - | 4.75 | - | - | - | - | - | - | 3.75 | 4.08 |
| Transitions | 1.00 | 4.00 | 3.00 | 4.75 | - | 4.25 | - | - | - | - | - | - | 3.00 | 3.75 |
| Performance | 1.00 | 4.00 | 3.25 | 5.00 | - | 4.75 | - | - | - | - | - | - | 3.50 | 4.08 |
| Composition | 1.00 | 4.00 | 3.25 | 4.75 | - | 4.50 | - | - | - | - | - | - | 3.50 | 4.00 |
| Interpretation of the Music | 1.00 | 3.75 | 3.25 | 5.00 | - | 4.75 | - | - | - | - | - | - | 3.25 | 3.92 |
| 19.83 | | | | | | | | | | | | | | |
| 0.00 | | | | | | | | | | | | | | |



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Gold Triathlon Women - Creative Skating Skills

| Rank | Name | Club | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|----------------|------------------|---------------|-----------------|-------|------------|-------|
| 2 | Melody Russell | Glen Cairn SC,ON | 16.87 | 17.32 | 0.00 | 0.00 | 34.19 |

| # | Executed Element | Base | | | | | | | | | | | JREF | Score | | |
|---|------------------|-------|-------|----|----|----|----|---|---|---|---|---|------|-------|---|------|
| | | Value | GOE | J1 | J2 | J3 | J5 | | | | | | | | | |
| 1 | CrCiStB | 4.00 | 0.27 | 0 | 2 | 2 | - | 0 | - | - | - | - | 0 | - | - | 4.27 |
| 2 | CrFMSqB | 4.40 | 0.15 | 0 | 2 | 0 | - | 1 | - | - | - | - | 0 | - | - | 4.55 |
| 3 | CrTwB | 4.50 | -0.30 | -1 | 1 | -1 | - | 0 | - | - | - | - | -2 | - | - | 4.20 |
| 4 | CrSlStB | 3.50 | 0.35 | 0 | 2 | 2 | - | 1 | - | - | - | - | -1 | - | - | 3.85 |
| | | 16.87 | | | | | | | | | | | | | | |

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

| Program Component | Factor | | | | | | | | | | | | Score | | |
|-----------------------------|--------|-------|------|------|------|---|------|---|---|---|---|------|-------|---|------|
| Skating Skills | 1.00 | | 3.25 | 3.00 | 4.00 | - | 3.50 | - | - | - | - | 3.25 | - | - | 3.33 |
| Transitions | 1.00 | | 3.50 | 3.00 | 4.25 | - | 4.25 | - | - | - | - | 3.00 | - | - | 3.58 |
| Performance | 1.00 | | 3.00 | 3.25 | 4.00 | - | 3.75 | - | - | - | - | 3.50 | - | - | 3.50 |
| Composition | 1.00 | | 3.50 | 3.25 | 4.25 | - | 4.00 | - | - | - | - | 3.25 | - | - | 3.58 |
| Interpretation of the Music | 1.00 | | 3.25 | 3.00 | 4.00 | - | 3.75 | - | - | - | - | 3.00 | - | - | 3.33 |
| | | 17.32 | | | | | | | | | | | | | |

0.00



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Gold Triathlon Women - Creative Skating Skills

| Rank | Name | Club | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|-----------------|-----------------|---------------|-----------------|-------|------------|-------|
| 3 | Courtney LaPalm | Stirling FSC,ON | 17.09 | 16.34 | 0.00 | 0.00 | 33.43 |

| # | Executed Element | Base | | | | | | | | | | | JREF | Score | | |
|--|------------------|--------------------------------------|-------|----|----|----|--|---|---|---|---|---|------|-------|---|------|
| | | Value | GOE | J1 | J2 | J3 | J5 | | | | | | | | | |
| 1 | CrCiStB | 4.00 | -0.13 | 0 | -1 | 0 | - | 0 | - | - | - | - | -1 | - | - | 3.87 |
| 2 | CrTwB | 4.50 | 0.00 | 2 | -1 | -1 | - | 0 | - | - | - | - | 1 | - | - | 4.50 |
| 3 | CrSlStB | 3.50 | 0.23 | 1 | 0 | -1 | - | 1 | - | - | - | - | 1 | - | - | 3.73 |
| 4 | CrFMSqB | 4.40 | 0.59 | 2 | 1 | 1 | - | 2 | - | - | - | - | 1 | - | - | 4.99 |
| | | 17.09 | | | | | | | | | | | | | | |
| x - credit for second half, base value multiplied by 1.1 | | * - invalid element, scored as zero | | | | | e - jump take-off (Flip/Lutz) with edge | | | | | | | | | |
| ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge | | ! - (Key Points Dance) incomplete | | | | | REP - repeated jump restriction | | | | | | | | | |
| < - underrotated jump | | < - (Key Points Dance) interruption | | | | | S - (Pattern Dance Type Step Seq.) separation | | | | | | | | | |
| << - (singles & pairs) downgraded jump | | << - (Key Points Dance) interruption | | | | | V - spin requirement not met | | | | | | | | | |

| Program Component | Factor | | | | | | | | | | | | Score | | |
|-----------------------------|--------|-------|------|------|---|------|---|---|---|---|---|------|-------|---|------|
| Skating Skills | 1.00 | 3.25 | 2.50 | 3.75 | - | 3.25 | - | - | - | - | - | 3.25 | - | - | 3.25 |
| Transitions | 1.00 | 3.50 | 2.50 | 3.75 | - | 3.00 | - | - | - | - | - | 3.00 | - | - | 3.17 |
| Performance | 1.00 | 3.75 | 2.75 | 3.50 | - | 3.50 | - | - | - | - | - | 3.25 | - | - | 3.42 |
| Composition | 1.00 | 3.75 | 2.50 | 3.25 | - | 3.50 | - | - | - | - | - | 3.25 | - | - | 3.33 |
| Interpretation of the Music | 1.00 | 3.75 | 2.50 | 3.25 | - | 3.25 | - | - | - | - | - | 3.00 | - | - | 3.17 |
| | | 16.34 | | | | | | | | | | | | | |
| | | 0.00 | | | | | | | | | | | | | |



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Gold Triathlon Women - Creative Skating Skills

| Rank | Name | Club | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|-----------------|----------------------|---------------|-----------------|-------|------------|-------|
| 4 | Kristyn VanHoof | Morrisburg & Dist,ON | 16.36 | 15.25 | 0.00 | 0.00 | 31.61 |

| # | Executed Element | Base | | | | | | | | | | | JREF | Score | | |
|---|------------------|-------|-------|----|----|----|----|---|---|---|---|---|------|-------|---|------|
| | | Value | GOE | J1 | J2 | J3 | J5 | | | | | | | | | |
| 1 | CrCiStB | 4.00 | 0.13 | 0 | 1 | 0 | - | 2 | - | - | - | - | 0 | - | - | 4.13 |
| 2 | CrFMSqB | 4.40 | -0.29 | -1 | 0 | -1 | - | 0 | - | - | - | - | -1 | - | - | 4.11 |
| 3 | CrTwB | 4.50 | 0.00 | 0 | 0 | 2 | - | 0 | - | - | - | - | 0 | - | - | 4.50 |
| 4 | CrSlStB | 3.50 | 0.12 | 1 | 0 | 2 | - | 0 | - | - | - | - | 0 | - | - | 3.62 |
| | | 16.36 | | | | | | | | | | | | | | |

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

| Program Component | Factor | | | | | | | | | | | | Score | | |
|-----------------------------|--------|-------|------|------|---|------|---|---|---|---|---|------|-------|---|------|
| Skating Skills | 1.00 | 2.75 | 2.75 | 4.00 | - | 3.75 | - | - | - | - | - | 3.00 | - | - | 3.17 |
| Transitions | 1.00 | 2.75 | 2.50 | 3.25 | - | 3.75 | - | - | - | - | - | 2.75 | - | - | 2.92 |
| Performance | 1.00 | 3.00 | 2.25 | 4.00 | - | 3.50 | - | - | - | - | - | 2.75 | - | - | 3.08 |
| Composition | 1.00 | 2.75 | 2.75 | 3.25 | - | 4.25 | - | - | - | - | - | 3.00 | - | - | 3.00 |
| Interpretation of the Music | 1.00 | 3.00 | 2.75 | 3.25 | - | 4.00 | - | - | - | - | - | 3.00 | - | - | 3.08 |
| | | 15.25 | | | | | | | | | | | | | |

0.00



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Gold Triathlon Women - Creative Skating Skills

| Rank | Name | Club | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|------------|-----------------|---------------|-----------------|-------|------------|-------|
| 5 | Mya Prusky | Chapleau FSC,ON | 16.10 | 14.26 | 0.00 | 0.00 | 30.36 |

| # | Executed Element | Base | | | | | | | | | | | JREF | Score | | |
|---|------------------|-------|-------|----|----|----|----|---|---|---|---|---|------|-------|---|------|
| | | Value | GOE | J1 | J2 | J3 | J5 | | | | | | | | | |
| 1 | CrCiStB | 4.00 | 0.00 | -1 | 0 | 1 | - | 1 | - | - | - | - | -1 | - | - | 4.00 |
| 2 | CrFMSqB | 4.40 | -0.15 | -2 | -1 | 2 | - | 1 | - | - | - | - | -1 | - | - | 4.25 |
| 3 | CrTwB | 4.50 | -0.15 | 0 | -1 | 0 | - | 1 | - | - | - | - | -2 | - | - | 4.35 |
| 4 | CrSlStB | 3.50 | 0.00 | -1 | 0 | 1 | - | 1 | - | - | - | - | -2 | - | - | 3.50 |
| | | 16.10 | | | | | | | | | | | | | | |

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

| Program Component | Factor | | | | | | | | | | | | Score | | |
|-----------------------------|--------|-------|------|------|------|---|------|---|---|---|---|------|-------|---|------|
| Skating Skills | 1.00 | | 2.50 | 2.50 | 3.75 | - | 3.00 | - | - | - | - | 2.75 | - | - | 2.75 |
| Transitions | 1.00 | | 2.75 | 2.25 | 3.75 | - | 3.75 | - | - | - | - | 2.50 | - | - | 3.00 |
| Performance | 1.00 | | 2.50 | 2.25 | 3.50 | - | 3.25 | - | - | - | - | 3.00 | - | - | 2.92 |
| Composition | 1.00 | | 2.25 | 2.50 | 3.50 | - | 4.00 | - | - | - | - | 2.75 | - | - | 2.92 |
| Interpretation of the Music | 1.00 | | 2.25 | 2.25 | 3.25 | - | 3.50 | - | - | - | - | 2.50 | - | - | 2.67 |
| | | 14.26 | | | | | | | | | | | | | |

0.00



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Gold Triathlon Women - Creative Skating Skills

| Rank | Name | Club | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|-------------|---------------|---------------|-----------------|-------|------------|-------|
| 6 | Holly Quinn | Renfrew SC,ON | 15.86 | 14.41 | 0.00 | 0.00 | 30.27 |

| # | Executed Element | Base | | | | | | | | | | | JREF | Score | | |
|---|------------------|-------|-------|----|----|----|----|----|---|---|---|---|------|-------|---|------|
| | | Value | GOE | J1 | J2 | J3 | J5 | | | | | | | | | |
| 1 | CrFMSqB | 4.40 | 0.15 | 0 | 0 | 3 | - | 0 | - | - | - | - | 1 | - | - | 4.55 |
| 2 | CrTwB | 4.50 | -0.30 | 0 | -1 | 0 | - | -2 | - | - | - | - | -1 | - | - | 4.20 |
| 3 | CrSISStB | 3.50 | -0.12 | 0 | -1 | 1 | - | -1 | - | - | - | - | 0 | - | - | 3.38 |
| 4 | CrCiStB | 4.00 | -0.27 | 0 | -1 | -1 | - | 0 | - | - | - | - | -2 | - | - | 3.73 |
| | | 15.86 | | | | | | | | | | | | | | |

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

| Program Component | Factor | | | | | | | | | | | | Score | | | |
|-----------------------------|--------|-------|------|------|------|---|------|---|---|---|---|---|-------|---|---|------|
| Skating Skills | 1.00 | | 2.50 | 2.50 | 3.00 | - | 3.00 | - | - | - | - | - | 3.25 | - | - | 2.83 |
| Transitions | 1.00 | | 2.75 | 2.25 | 3.25 | - | 3.50 | - | - | - | - | - | 3.00 | - | - | 3.00 |
| Performance | 1.00 | | 2.75 | 2.25 | 3.00 | - | 3.50 | - | - | - | - | - | 3.00 | - | - | 2.92 |
| Composition | 1.00 | | 2.25 | 2.50 | 3.00 | - | 3.25 | - | - | - | - | - | 3.00 | - | - | 2.83 |
| Interpretation of the Music | 1.00 | | 2.50 | 2.00 | 3.00 | - | 3.00 | - | - | - | - | - | 3.00 | - | - | 2.83 |
| | | 14.41 | | | | | | | | | | | | | | |
| | | 0.00 | | | | | | | | | | | | | | |



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Gold Triathlon Women - Creative Skating Skills

| Rank | Name | Club | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|--------------|---------------------|---------------|-----------------|-------|------------|-------|
| 7 | Grace Jewett | Thunder Bay FSC, ON | 15.28 | 13.07 | 0.00 | 0.00 | 28.35 |

| # | Executed Element | Base | | | | | | | | | | JREF | Score | | | |
|---|------------------|-------|-------|----|----|----|----|---|---|---|---|------|-------|---|---|------|
| | | Value | GOE | J1 | J2 | J3 | J5 | | | | | | | | | |
| 1 | CrTwB | 4.50 | -0.45 | -1 | -2 | 0 | - | 0 | - | - | - | - | -2 | - | - | 4.05 |
| 2 | CrSIStB | 3.50 | -0.12 | -1 | -1 | 1 | - | 1 | - | - | - | - | -1 | - | - | 3.38 |
| 3 | CrSeStB | 4.00 | -0.40 | -2 | -1 | 0 | - | 0 | - | - | - | - | -2 | - | - | 3.60 |
| 4 | CrFMSqB | 4.40 | -0.15 | -3 | 0 | 0 | - | 0 | - | - | - | - | -1 | - | - | 4.25 |
| | | 15.28 | | | | | | | | | | | | | | |

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

| Program Component | Factor | | | | | | | | | | | | | Score | | |
|-----------------------------|--------|-------|--|------|------|------|---|------|---|---|---|---|------|-------|---|------|
| Skating Skills | 1.00 | | | 2.25 | 2.25 | 3.00 | - | 3.25 | - | - | - | - | 2.50 | - | - | 2.58 |
| Transitions | 1.00 | | | 2.00 | 2.25 | 3.00 | - | 3.50 | - | - | - | - | 2.25 | - | - | 2.50 |
| Performance | 1.00 | | | 2.00 | 2.50 | 3.25 | - | 3.50 | - | - | - | - | 2.75 | - | - | 2.83 |
| Composition | 1.00 | | | 2.00 | 2.25 | 3.00 | - | 3.00 | - | - | - | - | 2.50 | - | - | 2.58 |
| Interpretation of the Music | 1.00 | | | 1.75 | 2.25 | 3.00 | - | 3.25 | - | - | - | - | 2.50 | - | - | 2.58 |
| | | 13.07 | | | | | | | | | | | | | | |

0.00



Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Gold Triathlon Women - Creative Skating Skills

| Rank | Name | Club | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|--------------|----------------------|---------------|-----------------|-------|------------|-------|
| 8 | Brianna Ryan | Ontario Russell S,ON | 13.38 | 11.42 | 0.00 | 0.00 | 24.80 |

| # | Executed Element | Base | | | | | | | | | | JREF | Score | | | |
|---|------------------|-------|-------|----|----|----|----|----|---|---|---|------|-------|---|---|------|
| | | Value | GOE | J1 | J2 | J3 | J5 | | | | | | | | | |
| 1 | CrCiStB | 4.00 | -0.80 | -4 | -2 | 0 | - | 0 | - | - | - | - | -4 | - | - | 3.20 |
| 2 | CrFMSqB | 4.40 | -0.59 | -3 | -1 | -1 | - | -1 | - | - | - | - | -2 | - | - | 3.81 |
| 3 | CrTwB | 4.50 | -1.05 | -3 | -2 | -2 | - | -1 | - | - | - | - | -4 | - | - | 3.45 |
| 4 | CrSlStB | 3.50 | -0.58 | -3 | -1 | -1 | - | 0 | - | - | - | - | -3 | - | - | 2.92 |
| | | 13.38 | | | | | | | | | | | | | | |

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

| Program Component | Factor | | | | | | | | | | | | | | |
|-----------------------------|--------|-------|------|------|------|---|------|---|---|---|---|------|---|---|------|
| Skating Skills | 1.00 | | 2.00 | 2.00 | 3.00 | - | 2.75 | - | - | - | - | 2.00 | - | - | 2.25 |
| Transitions | 1.00 | | 1.75 | 2.50 | 3.00 | - | 3.00 | - | - | - | - | 1.50 | - | - | 2.42 |
| Performance | 1.00 | | 1.75 | 2.25 | 2.75 | - | 2.50 | - | - | - | - | 2.00 | - | - | 2.25 |
| Composition | 1.00 | | 2.00 | 2.50 | 2.75 | - | 2.25 | - | - | - | - | 2.25 | - | - | 2.33 |
| Interpretation of the Music | 1.00 | | 1.75 | 2.50 | 2.75 | - | 2.25 | - | - | - | - | 1.75 | - | - | 2.17 |
| | | 11.42 | | | | | | | | | | | | | |
| | | 0.00 | | | | | | | | | | | | | |