



# Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Shaelyn Kavanagh	Athens FSC, ON	16.98	15.99	0.00	0.00	32.97

#	Executed Element	Base										JREF	Score			
		Value	GOE	J1	J2	J3	J4									
1	CrCiStB	4.00	0.53	3	0	0	1	-	-	-	-	-	3	-	-	4.53
2	CrLoB	3.50	0.23	2	1	0	1	-	-	-	-	-	-1	-	-	3.73
3	CrSlStB	3.50	0.23	2	1	0	1	-	-	-	-	-	0	-	-	3.73
4	CrFMSqB	4.40	0.59	1	1	1	2	-	-	-	-	-	3	-	-	4.99
		16.98														
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero					e - jump take-off (Flip/Lutz) with edge									
! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge		! - (Key Points Dance) incomplete					REP - repeated jump restriction									
< - underrotated jump		< - (Key Points Dance) interruption					S - (Pattern Dance Type Step Seq. ) separation									
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption					V - spin requirement not met									

Program Component	Factor													Score	
Skating Skills	1.00	3.75	3.50	2.75	3.50	-	-	-	-	-	-	3.00	-	-	3.33
Transitions	1.00	3.25	3.25	2.50	3.00	-	-	-	-	-	-	3.00	-	-	3.08
Performance	1.00	3.75	3.75	2.75	3.50	-	-	-	-	-	-	3.00	-	-	3.42
Composition	1.00	3.50	3.25	2.75	3.25	-	-	-	-	-	-	2.75	-	-	3.08
Interpretation of the Music	1.00	3.25	3.50	2.75	3.25	-	-	-	-	-	-	2.75	-	-	3.08
		15.99													
		0.00													



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Keira Moore	Bowmanville FSC,ON	16.44	15.92	0.00	0.00	32.36

#	Executed Element	Base										JREF	Score			
		Value	GOE	J1	J2	J3	J4									
1	CrFMSqB	4.40	1.03	4	2	1	2	-	-	-	-	-	3	-	-	5.43
2	CrCiStB	4.00	0.13	3	0	0	0	-	-	-	-	-	1	-	-	4.13
3	CrLoB	3.50	-0.12	-1	0	0	-1	-	-	-	-	-	0	-	-	3.38
4	CrSISStB	3.50	0.00	0	1	0	-1	-	-	-	-	-	0	-	-	3.50
		16.44														
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero					e - jump take-off (Flip/Lutz) with edge									
! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge		! - (Key Points Dance) incomplete					REP - repeated jump restriction									
< - underrotated jump		< - (Key Points Dance) interruption					S - (Pattern Dance Type Step Seq. ) separation									
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption					V - spin requirement not met									

Program Component	Factor													Score	
Skating Skills	1.00	4.00	3.50	2.75	3.50	-	-	-	-	-	-	2.75	-	-	3.25
Transitions	1.00	4.00	3.25	2.50	3.00	-	-	-	-	-	-	3.00	-	-	3.08
Performance	1.00	3.75	3.75	2.50	3.25	-	-	-	-	-	-	2.75	-	-	3.25
Composition	1.00	3.75	3.50	2.50	3.00	-	-	-	-	-	-	3.00	-	-	3.17
Interpretation of the Music	1.00	3.75	3.50	2.50	3.25	-	-	-	-	-	-	2.75	-	-	3.17
		15.92													
		0.00													



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Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Caitlyn Shelton	Ingersoll Skating, ON	16.69	15.42	0.00	0.00	32.11

#	Executed Element	Base							JREF	Score					
		Value	GOE	J1	J2	J3	J4								
1	CrLoB	3.50	0.35	1	1	1	1	-	-	-	-	2	-	-	3.85
2	CrSIStB	3.50	0.23	0	1	1	0	-	-	-	-	2	-	-	3.73
3	CrFMSqB	4.40	0.44	1	1	1	1	-	-	-	-	1	-	-	4.84
4	CrCiStB	4.00	0.27	-1	0	1	1	-	-	-	-	2	-	-	4.27
16.69															

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		3.00	3.50	3.75	3.00	-	-	-	-	-	3.00	-	-	3.17
Transitions	1.00		3.25	3.00	3.25	2.75	-	-	-	-	-	2.25	-	-	3.00
Performance	1.00		3.25	3.00	3.50	2.75	-	-	-	-	-	2.75	-	-	3.00
Composition	1.00		3.50	3.25	3.50	3.00	-	-	-	-	-	2.75	-	-	3.25
Interpretation of the Music	1.00		3.25	3.25	3.25	2.25	-	-	-	-	-	2.50	-	-	3.00
15.42															
0.00															



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## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Chloe Stewart	Lindsay FSC,ON	15.61	14.42	0.00	0.00	30.03

#	Executed Element	Base							JREF	Score						
		Value	GOE	J1	J2	J3	J4									
1	CrCiStB	4.00	0.13	0	1	1	0	-	-	-	-	-	-1	-	-	4.13
2	CrFMSqB	4.40	-0.15	1	0	0	-1	-	-	-	-	-	-1	-	-	4.25
3	CrLoB	3.50	0.00	1	1	1	-2	-	-	-	-	-	-2	-	-	3.50
4	CrSlStB	3.50	0.23	2	1	1	0	-	-	-	-	-	-1	-	-	3.73
		15.61														

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		3.75	3.25	3.75	2.25	-	-	-	-	-	-	2.25	-	-	3.08
Transitions	1.00		3.75	3.00	3.50	2.00	-	-	-	-	-	-	2.00	-	-	2.83
Performance	1.00		4.00	2.75	3.50	2.50	-	-	-	-	-	-	1.75	-	-	2.92
Composition	1.00		3.50	3.25	3.25	2.25	-	-	-	-	-	-	1.75	-	-	2.92
Interpretation of the Music	1.00		3.25	2.75	3.50	2.00	-	-	-	-	-	-	1.50	-	-	2.67
14.42																
0.00																



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## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Mackenzie O Grady	Woodville FSC,ON	15.28	13.82	0.00	0.40	28.70

#	Executed Element	Base							JREF	Score					
		Value	GOE	J1	J2	J3	J4								
1	CrLoB	3.50	0.00	2	1	0	-1	-	-	-	-	-3	-	-	3.50
2	CrSISStB	3.50	-0.12	2	0	0	-1	-	-	-	-	-1	-	-	3.38
3	CrFMSqB	4.40	0.00	2	1	0	-2	-	-	-	-	-1	-	-	4.40
4	CrCiStB	4.00	0.00	2	0	0	-2	-	-	-	-	0	-	-	4.00
		15.28													

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00	4.00	3.25	2.75	2.25	-	-	-	-	-	-	2.50	-	-	2.83
Transitions	1.00	4.25	2.75	2.75	1.75	-	-	-	-	-	-	3.00	-	-	2.83
Performance	1.00	4.00	2.75	2.50	2.00	-	-	-	-	-	-	2.50	-	-	2.58
Composition	1.00	4.00	3.00	2.75	2.00	-	-	-	-	-	-	2.75	-	-	2.83
Interpretation of the Music	1.00	4.25	3.50	2.75	1.75	-	-	-	-	-	-	2.00	-	-	2.75
		13.82													

1 Illegal Element(s) factor (0.4) 0.40



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## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Mackenzie More	Port Credit FSC,ON	14.34	13.58	0.00	0.00	27.92

#	Executed Element	Base										JREF	Score			
		Value	GOE	J1	J2	J3	J4									
1	CrLoB	3.50	-0.58	-1	-1	0	-3	-	-	-	-	-	-4	-	-	2.92
2	CrSIStB	3.50	-0.23	0	0	0	-2	-	-	-	-	-	-2	-	-	3.27
3	CrCiStB	4.00	-0.40	0	-1	-1	-3	-	-	-	-	-	-1	-	-	3.60
4	CrFMSqB	4.40	0.15	2	1	1	-3	-	-	-	-	-	-1	-	-	4.55
		14.34														
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero					e - jump take-off (Flip/Lutz) with edge									
! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge		! - (Key Points Dance) incomplete					REP - repeated jump restriction									
< - underrotated jump		< - (Key Points Dance) interruption					S - (Pattern Dance Type Step Seq. ) separation									
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption					V - spin requirement not met									

Program Component	Factor													Score	
Skating Skills	1.00	3.00	3.25	3.00	2.25	-	-	-	-	-	-	2.00	-	-	2.75
Transitions	1.00	3.25	2.75	2.75	2.00	-	-	-	-	-	-	2.25	-	-	2.58
Performance	1.00	3.00	3.50	3.00	2.25	-	-	-	-	-	-	1.75	-	-	2.75
Composition	1.00	3.00	3.00	3.00	2.00	-	-	-	-	-	-	1.75	-	-	2.67
Interpretation of the Music	1.00	3.25	3.50	2.75	2.50	-	-	-	-	-	-	1.75	-	-	2.83
		13.58													
		0.00													



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## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Simone Thibodeau	Lake Superior FSC, ON	11.44	15.25	0.00	0.00	26.69

#	Executed Element	Base							JREF	Score
		Value	GOE	J1	J2	J3	J4			
1	CrCiSt	0.00	-	-	-	-	-	-	-	0.00
2	CrFMSqB	4.40	0.15	0	1	1	0	-	-	4.55
3	CrLoB	3.50	-0.23	-1	1	0	-1	-	-	3.27
4	CrSlStB	3.50	0.12	0	1	0	1	-	-	3.62
x - credit for second half, base value multiplied by 1.1      * - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met										

Program Component	Factor														
Skating Skills	1.00		3.00	3.50	3.00	3.00	-	-	-	-	-	3.00	-	-	3.00
Transitions	1.00		2.75	3.25	3.00	2.75	-	-	-	-	-	3.25	-	-	3.00
Performance	1.00		3.00	3.75	3.00	3.25	-	-	-	-	-	3.00	-	-	3.08
Composition	1.00		3.75	3.25	2.75	3.00	-	-	-	-	-	2.75	-	-	3.00
Interpretation of the Music	1.00		3.75	3.75	2.75	3.00	-	-	-	-	-	2.75	-	-	3.17
															15.25

0.00



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## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Kadynn Morrison	Skate Brockville/,ON	14.45	12.01	0.00	0.00	26.46

#	Executed Element	Base										JREF	Score			
		Value	GOE	J1	J2	J3	J4									
1	CrLoB	3.50	-0.35	-1	0	0	-3	-	-	-	-	-	-2	-	-	3.15
2	CrSIStB	3.50	-0.35	-1	-1	0	-1	-	-	-	-	-	-1	-	-	3.15
3	CrFMSqB	4.40	0.15	-1	1	1	1	-	-	-	-	-	-1	-	-	4.55
4	CrCiStB	4.00	-0.40	-1	-1	0	-1	-	-	-	-	-	-1	-	-	3.60
		14.45														

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor													Score	
Skating Skills	1.00	2.75	2.50	2.75	2.75	-	-	-	-	-	-	2.00	-	-	2.67
Transitions	1.00	2.50	2.00	2.50	2.25	-	-	-	-	-	-	1.75	-	-	2.25
Performance	1.00	2.50	2.75	2.75	2.00	-	-	-	-	-	-	1.50	-	-	2.42
Composition	1.00	2.00	2.50	3.00	2.25	-	-	-	-	-	-	1.75	-	-	2.25
Interpretation of the Music	1.00	2.25	2.75	2.75	2.25	-	-	-	-	-	-	1.50	-	-	2.42
		12.01													
		0.00													





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## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Rachel Naylor	Woodville FSC,ON	12.78	13.51	0.00	0.20	26.09

#	Executed Element	Base							JREF	Score					
		Value	GOE	J1	J2	J3	J4								
1	CrCiStB	4.00	-0.93	-1	-2	-2	-4	-	-	-	-	-3	-	-	3.07
2	CrFMSqB	4.40	0.29	1	1	0	0	-	-	-	-	2	-	-	4.69
3	CrLoB	3.50	-0.23	0	0	0	-2	-	-	-	-	-3	-	-	3.27
4	CrSlStB	3.50	-1.75	-5	-5	-5	-5	-	-	-	-	-5	-	-	1.75
		12.78													

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		3.00	2.75	2.75	2.25	-	-	-	-	-	2.50	-	-	2.67
Transitions	1.00		3.25	2.50	2.50	2.00	-	-	-	-	-	3.00	-	-	2.67
Performance	1.00		3.00	3.00	2.50	1.75	-	-	-	-	-	2.50	-	-	2.67
Composition	1.00		3.00	2.75	2.75	2.00	-	-	-	-	-	2.75	-	-	2.75
Interpretation of the Music	1.00		3.00	3.00	2.50	1.75	-	-	-	-	-	2.75	-	-	2.75
		13.51													

1 Fall(s) factor (0.2) 0.20



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Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
10	Avery Desjarlais	Kenora SC,ON	14.49	11.09	0.00	0.00	25.58

#	Executed Element	Base										JREF	Score		
		Value	GOE	J1	J2	J3	J4								
1	CrFMSqB	4.40	-0.15	0	0	-2	-1	-	-	-	-	0	-	-	4.25
2	CrCiStB	4.00	-0.53	-1	-1	-1	-2	-	-	-	-	-2	-	-	3.47
3	CrLoB	3.50	0.00	0	0	0	0	-	-	-	-	-3	-	-	3.50
4	CrSlStB	3.50	-0.23	0	-1	-1	-2	-	-	-	-	0	-	-	3.27
		14.49													

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		2.75	2.25	2.25	2.50	-	-	-	-	-	2.25	-	-	2.33
Transitions	1.00		2.50	1.75	2.25	2.00	-	-	-	-	-	2.50	-	-	2.25
Performance	1.00		2.25	1.75	2.25	2.00	-	-	-	-	-	2.50	-	-	2.17
Composition	1.00		2.25	2.00	2.50	1.75	-	-	-	-	-	2.25	-	-	2.17
Interpretation of the Music	1.00		2.25	2.00	2.25	1.75	-	-	-	-	-	2.75	-	-	2.17
11.09															

0.00



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## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
11	Gabriella Lee	Thunder Bay FSC, ON	13.44	9.32	0.00	0.00	22.76

#	Executed Element	Base							JREF	Score						
		Value	GOE	J1	J2	J3	J4									
1	CrCiStB	4.00	-0.67	-1	-1	-2	-2	-	-	-	-	-	-2	-	-	3.33
2	CrLoB	3.50	-0.35	-1	-1	-1	-1	-	-	-	-	-	-2	-	-	3.15
3	CrSISStB	3.50	-0.35	-1	-1	-1	-2	-	-	-	-	-	-1	-	-	3.15
4	CrFMSqB	4.40	-0.59	-1	-1	-2	-3	-	-	-	-	-	0	-	-	3.81
		13.44														

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		2.25	1.75	2.50	1.75	-	-	-	-	-	2.25	-	-		2.08
Transitions	1.00		2.25	1.50	2.25	1.25	-	-	-	-	-	1.75	-	-		1.83
Performance	1.00		2.00	1.75	2.25	1.25	-	-	-	-	-	1.75	-	-		1.83
Composition	1.00		2.00	2.00	2.25	1.25	-	-	-	-	-	1.50	-	-		1.83
Interpretation of the Music	1.00		2.00	1.75	2.25	1.25	-	-	-	-	-	1.50	-	-		1.75
9.32																

0.00



# Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

## Bronze Triathlon Women - Creative Skating Skills

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
12	Claire Sanderson	Woodville FSC,ON	13.39	9.33	0.00	0.00	22.72

#	Executed Element	Base							JREF	Score					
		Value	GOE	J1	J2	J3	J4								
1	CrCiStB	4.00	-0.67	1	-1	-1	-3	-	-	-	-	-3	-	-	3.33
2	CrFMSqB	4.40	-0.29	-1	1	-1	-2	-	-	-	-	0	-	-	4.11
3	CrLoB	3.50	-0.58	-1	-1	-1	-3	-	-	-	-	-3	-	-	2.92
4	CrSlStB	3.50	-0.47	-1	-1	-1	-3	-	-	-	-	-2	-	-	3.03
		13.39													

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		2.75	2.25	2.00	1.75	-	-	-	-	-	1.75	-	-	2.00
Transitions	1.00		2.75	2.00	2.00	1.50	-	-	-	-	-	1.25	-	-	1.83
Performance	1.00		2.50	1.75	2.25	1.50	-	-	-	-	-	1.50	-	-	1.83
Composition	1.00		2.50	2.00	2.25	1.25	-	-	-	-	-	1.50	-	-	1.92
Interpretation of the Music	1.00		2.50	1.75	2.00	1.50	-	-	-	-	-	1.50	-	-	1.75
9.33															

0.00