



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre

Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Abbey Lenardon	Milton SC,ON	30.77	14.69	0.00	0.00	45.46

# Executed Element	Base								Score						
	Value	GOE	J1	J2	J3	J4	J5								
1 2F+1Eu+2F	4.10	0.12	1	0	1	0	1	-	-	-	-	-	-	-	4.22
2 2Lz+2T	3.40	0.14	0	0	1	1	1	-	-	-	-	-	-	-	3.54
3 2S+2Lo	3.00	0.06	0	0	1	0	1	-	-	-	-	-	-	-	3.06
4 FCCoSp4	3.50	0.35	1	1	1	2	0	-	-	-	-	-	-	-	3.85
5 2Lz	2.10	0.42	2	2	2	2	1	-	-	-	-	-	-	-	2.52
6 CCoSp4	3.50	-0.12	0	-1	0	0	-1	-	-	-	-	-	-	-	3.38
7 2Lo	1.70	0.17	-1	1	1	1	1	-	-	-	-	-	-	-	1.87
8 ChSq1	3.00	0.67	2	2	1	1	0	-	-	-	-	-	-	-	3.67
9 1A	1.10	0.11	2	1	1	1	1	-	-	-	-	-	-	-	1.21
10 FSSp4	3.00	0.45	-	2	0	2	2	-	-	-	-	-	-	-	3.45
30.77															

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor	3.75	3.75	3.75	3.75	3.50	-	-	-	-	-	-	-	-	Score
Skating Skills	1.00	3.75	3.75	3.75	3.75	3.50	-	-	-	-	-	-	-	-	3.75
Transitions	0.75	3.75	2.75	3.75	3.50	3.00	-	-	-	-	-	-	-	-	2.57
Performance	1.00	4.00	3.75	4.00	3.75	3.50	-	-	-	-	-	-	-	-	3.83
Composition	0.50	4.00	3.50	3.75	3.50	3.25	-	-	-	-	-	-	-	-	1.79
Interpretation of the Music	0.75	3.75	3.50	4.00	3.75	3.00	-	-	-	-	-	-	-	-	2.75
14.69															
0.00															



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Jessica Elaine Abellanosa	Thornhill FSC, ON	28.02	12.29	0.00	0.00	40.31

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	2A+2T+1T	5.00	0.33	1	1	1	1	1	-	-	-	-	-	-	5.33
2	2F+2T	3.10	0.06	0	0	1	0	1	-	-	-	-	-	-	3.16
3	2Lo+2Lo	3.40	0.00	1	0	0	0	0	-	-	-	-	-	-	3.40
4	FSSp1	2.00	-0.13	-1	0	0	-1	-1	-	-	-	-	-	-	1.87
5	2Lz	2.10	0.14	-1	0	2	1	1	-	-	-	-	-	-	2.24
6	ChSq1	3.00	0.17	-1	1	1	0	0	-	-	-	-	-	-	3.17
7	2F	1.80	0.12	0	0	1	1	1	-	-	-	-	-	-	1.92
8	FCCoSp3	3.00	0.00	1	0	0	0	0	-	-	-	-	-	-	3.00
9	2S	1.30	0.13	0	1	1	1	1	-	-	-	-	-	-	1.43
10	CoSp3	2.50	0.00	0	1	0	0	0	-	-	-	-	-	-	2.50
28.02															

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		3.00	3.50	4.00	3.50	3.00	-	-	-	-	-	-	-	3.33
Transitions	0.75		3.00	2.75	3.50	3.25	2.50	-	-	-	-	-	-	-	2.25
Performance	1.00		2.75	3.25	3.75	3.75	2.50	-	-	-	-	-	-	-	3.25
Composition	0.50		2.50	3.25	3.75	3.00	2.00	-	-	-	-	-	-	-	1.46
Interpretation of the Music	0.75		2.25	2.75	3.25	3.00	2.00	-	-	-	-	-	-	-	2.00
12.29															
0.00															



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Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Hailey McKay	South Windsor Ska,ON	26.31	13.38	0.00	0.00	39.69

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	2A	3.30	-1.65	-5	-5	-5	-4	-5	-	-	-	-	-	-	1.65
2	2A+2T	4.60	0.00	-2	0	0	0	0	-	-	-	-	-	-	4.60
3	SSp4	2.50	0.50	2	2	1	2	2	-	-	-	-	-	-	3.00
4	2Lz	2.10	-0.91	-5	-4	-4	-4	-5	-	-	-	-	-	-	1.19
5	2Lo	1.70	-0.85	-5	-5	-5	-5	-5	-	-	-	-	-	-	0.85
6	CCoSp3	3.00	0.10	0	1	0	0	1	-	-	-	-	-	-	3.10
7	ChSq1	3.00	0.67	2	2	1	1	1	-	-	-	-	-	-	3.67
8	2F+2T+1T	3.50	0.00	0	0	0	0	0	-	-	-	-	-	-	3.50
9	2F+1Lo	2.30	0.00	0	0	0	0	0	-	-	-	-	-	-	2.30
10	FSSp2	2.30	0.15	1	1	0	0	2	-	-	-	-	-	-	2.45
														26.31	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		3.75	3.50	3.75	3.50	3.00	-	-	-	-	-	-	-	3.58
Transitions	0.75		4.00	3.00	3.75	3.00	3.00	-	-	-	-	-	-	-	2.44
Performance	1.00		4.00	3.25	3.25	3.25	3.00	-	-	-	-	-	-	-	3.25
Composition	0.50		3.75	3.25	3.75	3.00	2.25	-	-	-	-	-	-	-	1.67
Interpretation of the Music	0.75		3.75	3.50	3.50	2.75	2.50	-	-	-	-	-	-	-	2.44
														13.38	

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Anna Karasinski	Grimsby SC, ON	25.69	12.37	0.00	0.00	38.06

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	2Lo	1.70	0.23	1	2	1	2	1	-	-	-	-	-	-	1.93
2	2Lz+2T+1T	3.80	-0.21	-1	-1	0	-2	-1	-	-	-	-	-	-	3.59
3	CCoSp3	3.00	-0.10	0	1	0	-1	-1	-	-	-	-	-	-	2.90
4	1A	1.10	0.00	0	0	0	0	0	-	-	-	-	-	-	1.10
5	2F+2Lo	3.50	-0.06	-1	-1	0	0	0	-	-	-	-	-	-	3.44
6	FSSp2	2.30	-0.12	0	0	-	-1	-1	-	-	-	-	-	-	2.18
7	ChSq1	3.00	0.00	0	1	0	0	0	-	-	-	-	-	-	3.00
8	2Lz	2.10	-0.35	-3	-2	-1	-2	-1	-	-	-	-	-	-	1.75
9	2F+2T	3.10	-0.30	-1	-1	-3	-3	-1	-	-	-	-	-	-	2.80
10	FCCoSp3	3.00	0.00	0	0	0	0	0	-	-	-	-	-	-	3.00
															25.69

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 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		3.00	3.25	3.25	3.25	2.75	-	-	-	-	-	-	-	3.17
Transitions	0.75			3.25	3.00	3.00	3.00	2.75	-	-	-	-	-	-	2.25
Performance	1.00			3.25	3.00	3.25	3.25	2.75	-	-	-	-	-	-	3.17
Composition	0.50			3.25	3.25	3.25	3.00	2.50	-	-	-	-	-	-	1.59
Interpretation of the Music	0.75			3.25	3.00	3.00	2.75	2.50	-	-	-	-	-	-	2.19
															12.37

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Melody Russell	Glen Cairn SC,ON	25.30	12.54	0.00	0.00	37.84

#	Executed Element	Base										Score	
		Value	GOE	J1	J2	J3	J4	J5					
1	2Lz+2Lo	3.80	0.14	0	0	1	1	1	-	-	-	-	3.94
2	2S+2Lo+2T	4.30	-0.85	-5	-5	-5	-3	-5	-	-	-	-	3.45
3	FSSp3	2.60	0.17	1	1	0	0	1	-	-	-	-	2.77
4	1F	0.50	-0.02	-3	-1	0	0	0	-	-	-	-	0.48
5	ChSq1	3.00	0.33	1	1	1	0	0	-	-	-	-	3.33
6	2Lz	2.10	0.21	-1	1	1	2	1	-	-	-	-	2.31
7	1F<<+REP	0.00	-	-	-	-	-	-	-	-	-	-	0.00
8	FCCoSp4	3.50	0.12	0	1	0	1	0	-	-	-	-	3.62
9	1A+2T	2.40	0.00	0	0	-1	0	0	-	-	-	-	2.40
10	CCoSp3	3.00	0.00	0	0	0	0	0	-	-	-	-	3.00

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 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor													
Skating Skills	1.00		2.75	2.75	3.75	3.50	3.00	-	-	-	-	-	-	3.08
Transitions	0.75		3.25	2.50	3.50	3.25	2.75	-	-	-	-	-	-	2.31
Performance	1.00		3.25	3.00	3.25	3.50	3.00	-	-	-	-	-	-	3.17
Composition	0.50		3.00	2.75	3.50	3.25	3.00	-	-	-	-	-	-	1.54
Interpretation of the Music	0.75		3.25	3.00	3.75	3.50	3.00	-	-	-	-	-	-	2.44

12.54

0.00



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Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Alexia Dos Santos	South Windsor Ska,ON	23.25	12.20	0.00	0.00	35.45

# Executed Element	Base								Score
	Value	GOE	J1	J2	J3	J4	J5		
1 2F+2T	3.10	0.00	0	0	0	0	0	3.10	
2 2Lz+2T	3.40	0.00	0	-1	0	0	0	3.40	
3 1A+1Eu+2S	2.90	0.00	0	0	0	0	0	2.90	
4 FSSp2	2.30	0.15	1	2	0	0	1	2.45	
5 2Lz	2.10	-0.35	-2	-1	-1	-3	-2	1.75	
6 ChSq1	3.00	0.33	1	1	0	0	1	3.33	
7 2Lo	1.70	0.00	0	0	0	-1	0	1.70	
8 2F<	1.35	-0.68	-5	-5	-5	-5	-5	0.67	
9 CCoSp2	2.50	0.00	0	0	0	0	0	2.50	
10 FCCoSp1 (V)	1.50	-0.05	0	0	0	-1	-1	1.45	
								23.25	

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump

\* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption

e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor	3.00	3.25	3.00	3.50	2.75	-	-	-	-	-	-	-	Score
Skating Skills	1.00	3.00	3.25	3.00	3.50	2.75	-	-	-	-	-	-	-	3.08
Transitions	0.75	3.00	3.00	3.00	3.25	2.25	-	-	-	-	-	-	-	2.25
Performance	1.00	3.00	3.00	3.25	3.25	2.50	-	-	-	-	-	-	-	3.08
Composition	0.50	3.00	3.00	3.25	3.50	2.25	-	-	-	-	-	-	-	1.54
Interpretation of the Music	0.75	3.00	3.25	3.00	3.00	2.25	-	-	-	-	-	-	-	2.25
														12.20

Deductions	Score
Panel Cost/Prop Violation (1 of 6)	0.00
	0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Juliana Ye	Minto SC,ON	22.48	12.49	0.00	0.00	34.97

# Executed Element	Base								Score
	Value	GOE	J1	J2	J3	J4	J5		
1 2Lz	2.10	-1.05	-5	-5	-5	-5	-5	-	1.05
2 2Lo+2Lo	3.40	-0.06	0	-1	0	-1	0	-	3.34
3 2F+2T	3.10	-0.24	-3	-2	0	-1	-1	-	2.86
4 FCCoSp3 (V)	2.25	0.00	-1	0	0	0	0	-	2.25
5 2F+1T+1T	2.60	0.00	-1	0	0	0	0	-	2.60
6 ChSq1	3.00	0.50	0	1	1	1	1	-	3.50
7 2S	1.30	-0.04	-1	0	0	-1	0	-	1.26
8 FSSpB	1.70	-0.28	0	0	-3	-3	-2	-	1.42
9 1A	1.10	0.00	0	0	0	1	0	-	1.10
10 CCoSp3	3.00	0.10	1	1	0	-1	0	-	3.10
									22.48

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
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 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor	2.75	3.00	3.50	3.25	3.00	-	-	-	-	-	-	-	Score
Skating Skills	1.00	2.75	3.00	3.50	3.25	3.00	-	-	-	-	-	-	-	3.08
Transitions	0.75	2.75	2.50	3.50	3.50	3.00	-	-	-	-	-	-	-	2.31
Performance	1.00	3.00	3.50	3.50	3.25	3.00	-	-	-	-	-	-	-	3.25
Composition	0.50	2.75	3.00	3.75	3.50	2.75	-	-	-	-	-	-	-	1.54
Interpretation of the Music	0.75	2.75	3.00	4.00	3.25	3.00	-	-	-	-	-	-	-	2.31
														12.49

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Amy Lee Brough	Thunder Bay FSC,ON	22.00	12.84	0.00	0.00	34.84

#	Executed Element	Base										Score	
		Value	GOE	J1	J2	J3	J4	J5					
1	1A	1.10	0.00	0	0	0	0	0	-	-	-	-	1.10
2	2Lz+2T	3.40	-0.07	-5	0	0	0	-1	-	-	-	-	3.33
3	FSSp	0.00	-	-	-	-	-	-	-	-	-	-	0.00
4	2F+2T+1Lo	3.60	-0.30	-1	-2	-1	-2	-2	-	-	-	-	3.30
5	2Lo	1.70	-0.85	-5	-5	-5	-5	-5	-	-	-	-	0.85
6	FCCoSp2	2.50	0.08	0	1	0	1	0	-	-	-	-	2.58
7	ChSq1	3.00	0.50	1	1	0	1	1	-	-	-	-	3.50
8	2Lz	2.10	0.00	-1	0	0	0	0	-	-	-	-	2.10
9	2F+1Lo	2.30	-0.06	-1	0	0	-1	0	-	-	-	-	2.24
10	CCoSp3	3.00	0.00	0	0	0	0	0	-	-	-	-	3.00

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
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 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor												
Skating Skills	1.00		3.25	3.50	3.75	3.25	3.00	-	-	-	-	-	3.33
Transitions	0.75		3.25	3.25	3.50	3.50	3.00	-	-	-	-	-	2.50
Performance	1.00		3.00	3.00	3.00	3.00	3.00	-	-	-	-	-	3.00
Composition	0.50		3.25	3.25	3.25	3.25	2.50	-	-	-	-	-	1.63
Interpretation of the Music	0.75		3.00	3.25	3.50	3.25	2.50	-	-	-	-	-	2.38
													12.84

0.00





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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Elizabeth Elliott	South Windsor Ska,ON	22.46	12.33	0.00	0.00	34.79

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	2Lz+2T	3.40	-0.21	-2	-2	0	0	-1	-	-	-	-	-	-	3.19
2	2S+1Lo	1.80	-0.09	-3	-1	0	-1	0	-	-	-	-	-	-	1.71
3	CCoSp2	2.50	0.08	1	1	0	0	0	-	-	-	-	-	-	2.58
4	2F+2T	3.10	-0.06	-1	-2	0	0	0	-	-	-	-	-	-	3.04
5	2Lz	2.10	0.07	0	0	1	1	0	-	-	-	-	-	-	2.17
6	2Lo	1.70	0.00	0	0	0	0	1	-	-	-	-	-	-	1.70
7	FCCoSpB	1.70	0.00	0	0	0	0	0	-	-	-	-	-	-	1.70
8	ChSq1	3.00	0.67	2	2	1	1	1	-	-	-	-	-	-	3.67
9	1A	1.10	0.00	0	0	0	1	0	-	-	-	-	-	-	1.10
10	FCSpB	1.60	0.00	-1	0	0	0	0	-	-	-	-	-	-	1.60
22.46															

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		3.00	3.25	3.75	3.50	3.25	-	-	-	-	-	-	-	3.33
Transitions	0.75		2.75	2.50	3.50	3.25	3.00	-	-	-	-	-	-	-	2.25
Performance	1.00		2.75	3.00	3.75	3.50	3.00	-	-	-	-	-	-	-	3.17
Composition	0.50		2.75	2.75	3.75	3.25	2.75	-	-	-	-	-	-	-	1.46
Interpretation of the Music	0.75		2.50	2.75	3.50	3.00	2.75	-	-	-	-	-	-	-	2.12
12.33															

0.00



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre

Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
10	Taylor Mackey	Skate Oakville, ON	23.10	11.17	0.00	0.00	34.27

#	Executed Element	Base										Score	
		Value	GOE	J1	J2	J3	J4	J5					
1	2Lz+2Lo	3.80	-0.07	0	0	-1	-1	0	-	-	-	-	3.73
2	1A	1.10	0.11	1	1	1	1	0	-	-	-	-	1.21
3	2F+2T	3.10	-0.06	-3	-1	0	0	1	-	-	-	-	3.04
4	FCCoSp2	2.50	0.00	0	0	0	0	0	-	-	-	-	2.50
5	2Lz	2.10	0.14	1	1	0	1	0	-	-	-	-	2.24
6	ChSq1	3.00	-0.17	0	1	-1	-1	0	-	-	-	-	2.83
7	1A+REP	0.77	-0.40	-4	-2	-4	-4	-3	-	-	-	-	0.37
8	2F+1T+2Lo<	3.48	-0.90	-5	-5	-5	-5	-5	-	-	-	-	2.58
9	CCoSp3	3.00	-0.20	0	0	-1	-1	-1	-	-	-	-	2.80
10	FSSp1	2.00	-0.20	-1	0	-1	-3	-1	-	-	-	-	1.80
												23.10	

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor	3.00	3.50	3.25	3.00	2.50	-	-	-	-	-	-	-	Score
Skating Skills	1.00													3.08
Transitions	0.75													2.06
Performance	1.00													2.67
Composition	0.50													1.42
Interpretation of the Music	0.75													1.94
														11.17

0.00



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre  
Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
11	Rylee Dennis	Skate Brockville/,ON	21.95	11.92	0.00	0.00	33.87

#	Executed Element	Base										Score	
		Value	GOE	J1	J2	J3	J4	J5					
1	FSSp3	2.60	0.17	1	1	0	1	0	-	-	-	-	2.77
2	1Lz	0.60	-0.06	0	-1	0	-2	-2	-	-	-	-	0.54
3	1A	1.10	0.07	0	0	1	1	1	-	-	-	-	1.17
4	2F+1Eu+2S	3.60	0.00	0	0	-2	0	1	-	-	-	-	3.60
5	CCoSp3	3.00	0.00	0	0	0	0	0	-	-	-	-	3.00
6	2S	1.30	-0.65	-5	-5	-5	-5	-5	-	-	-	-	0.65
7	FCCoSp4	3.50	0.00	0	1	-1	0	0	-	-	-	-	3.50
8	2F	1.80	-0.18	-1	-1	0	-1	-1	-	-	-	-	1.62
9	2Lz+1Lo*	2.10	0.00	-2	0	0	0	0	-	-	-	-	2.10
10	ChSq1	3.00	0.00	0	1	0	-1	0	-	-	-	-	3.00

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor													
Skating Skills	1.00		3.00	3.50	3.50	3.00	2.25	-	-	-	-	-	-	3.17
Transitions	0.75		3.25	2.50	3.25	3.25	2.25	-	-	-	-	-	-	2.25
Performance	1.00		2.75	2.75	3.25	3.00	2.00	-	-	-	-	-	-	2.83
Composition	0.50		2.75	2.75	3.25	3.00	2.00	-	-	-	-	-	-	1.42
Interpretation of the Music	0.75		3.25	3.00	3.25	2.75	2.00	-	-	-	-	-	-	2.25

0.00



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre  
Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
12	Megan Howell	Sudbury SC,ON	20.30	11.97	0.00	0.00	32.27

#	Executed Element	Base											Score			
		Value	GOE	J1	J2	J3	J4	J5								
1	2F	1.80	-0.78	-3	-4	-4	-5	-5	-	-	-	-	-	-	-	1.02
2	2Lo+2Lo	3.40	-0.79	-4	-4	-5	-5	-5	-	-	-	-	-	-	-	2.61
3	FSSp3	2.60	0.09	0	1	1	0	0	-	-	-	-	-	-	-	2.69
4	1S	0.40	-0.13	-3	-2	-4	-4	-3	-	-	-	-	-	-	-	0.27
5	2Lz+1T	2.50	-0.35	-3	-1	-2	-2	-1	-	-	-	-	-	-	-	2.15
6	2F+REP	1.26	-0.90	-5	-5	-5	-5	-5	-	-	-	-	-	-	-	0.36
7	FCCoSp4	3.50	0.35	1	2	0	1	1	-	-	-	-	-	-	-	3.85
8	1A	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
9	ChSq1	3.00	0.50	1	1	1	1	1	-	-	-	-	-	-	-	3.50
10	CCoSp4	3.50	0.35	1	2	1	0	1	-	-	-	-	-	-	-	3.85
															20.30	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor	3.00	3.50	4.00	3.00	2.75	-	-	-	-	-	-	-	-	-	Score
Skating Skills	1.00															3.17
Transitions	0.75															2.19
Performance	1.00															2.92
Composition	0.50															1.50
Interpretation of the Music	0.75															2.19
															11.97	
															0.00	



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre

Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
13	Courtney LaPalm	Stirling FSC,ON	17.54	13.44	0.00	0.00	30.98

#	Executed Element	Base										Score	
		Value	GOE	J1	J2	J3	J4	J5					
1	2S+2T	2.60	0.00	-2	0	0	0	1	-	-	-	-	2.60
2	2Lo	1.70	0.17	2	1	1	1	0	-	-	-	-	1.87
3	2T	1.30	0.00	2	0	0	0	0	-	-	-	-	1.30
4	FCCoSp1	2.00	0.00	-1	0	0	0	0	-	-	-	-	2.00
5	1Lz	0.60	0.00	0	0	0	0	0	-	-	-	-	0.60
6	ChSq1	3.00	0.17	0	2	1	0	0	-	-	-	-	3.17
7	1A	1.10	-0.33	-3	-3	-2	-4	-3	-	-	-	-	0.77
8	FSSp1	2.00	-0.07	-1	0	0	0	-1	-	-	-	-	1.93
9	1A<<	-	-	-	-	-	-	-	-	-	-	-	0.00
10	CCoSp3	3.00	0.30	1	2	0	1	1	-	-	-	-	3.30

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump

\* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption

e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor													
Skating Skills	1.00		3.75	3.75	3.50	3.50	2.50	-	-	-	-	-	-	3.58
Transitions	0.75		3.75	3.50	3.25	3.25	2.25	-	-	-	-	-	-	2.50
Performance	1.00		4.00	3.75	3.00	2.75	3.00	-	-	-	-	-	-	3.25
Composition	0.50		3.75	3.50	3.50	3.00	2.50	-	-	-	-	-	-	1.67
Interpretation of the Music	0.75		3.75	3.75	3.00	2.75	3.00	-	-	-	-	-	-	2.44

0.00



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre

Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
14	Hannah Henderson	Kenora SC,ON	19.96	10.62	0.00	0.00	30.58

#	Executed Element	Base										Score	
		Value	GOE	J1	J2	J3	J4	J5					
1	2F+2T+1Lo	3.60	0.00	-1	0	0	0	0	-	-	-	-	3.60
2	2Lo+1A+SEQ	2.24	0.00	-1	0	0	0	1	-	-	-	-	2.24
3	CCoSp3	3.00	0.00	0	0	0	-1	0	-	-	-	-	3.00
4	ChSq1	3.00	0.17	0	0	1	1	0	-	-	-	-	3.17
5	2Lz(e)<<	0.45	-0.23	-4	-5	-5	-5	-5	-	-	-	-	0.22
6	2S+1T	1.70	-0.22	-1	0	-2	-3	-2	-	-	-	-	1.48
7	FSSp2	2.30	-0.15	0	0	-1	-1	-1	-	-	-	-	2.15
8	1A	1.10	0.00	0	0	0	-1	0	-	-	-	-	1.10
9	2F	1.80	-0.90	-5	-5	-5	-5	-5	-	-	-	-	0.90
10	SSp3	2.10	0.00	0	1	0	0	0	-	-	-	-	2.10
												19.96	
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero		e - jump take-off (Flip/Lutz) with edge									
! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge		! - (Key Points Dance) incomplete				REP - repeated jump restriction							
< - underrotated jump		< - (Key Points Dance) interruption				S - (Pattern Dance Type Step Seq. ) separation							
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption				V - spin requirement not met							

Program Component	Factor													
Skating Skills	1.00		2.50	2.75	3.25	2.75	2.25	-	-	-	-	-	-	2.67
Transitions	0.75		2.50	2.50	3.25	3.25	2.25	-	-	-	-	-	-	2.06
Performance	1.00		2.50	2.75	3.00	2.75	2.00	-	-	-	-	-	-	2.67
Composition	0.50		2.50	2.50	3.00	3.00	2.00	-	-	-	-	-	-	1.34
Interpretation of the Music	0.75		2.50	2.25	3.25	2.75	2.00	-	-	-	-	-	-	1.88
														10.62

0.00



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre

Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
15	Naomi Tsirkin	Minto SC,ON	19.04	10.90	0.00	0.00	29.94

#	Executed Element	Base											Score		
		Value	GOE	J1	J2	J3	J4	J5							
1	1A	1.10	0.00	0	1	0	0	0	-	-	-	-	-	-	1.10
2	2F+SEQ+1T*	1.44	-0.60	-4	-3	-3	-3	-4	-	-	-	-	-	-	0.84
3	FSSp1	2.00	-0.20	-1	-1	0	-1	-1	-	-	-	-	-	-	1.80
4	FCCoSp3	3.00	0.00	1	0	0	-2	0	-	-	-	-	-	-	3.00
5	2Lo+2T	3.00	-0.45	-3	-2	-1	-3	-4	-	-	-	-	-	-	2.55
6	1A+2Lo+1T	3.20	-0.51	-3	-3	-2	-3	-3	-	-	-	-	-	-	2.69
7	2Lz(e)<	1.26	-0.63	-5	-5	-5	-5	-5	-	-	-	-	-	-	0.63
8	ChSq1	3.00	0.00	0	0	0	-1	0	-	-	-	-	-	-	3.00
9	2F	1.80	0.00	1	0	0	0	0	-	-	-	-	-	-	1.80
10	CCoSp2 (V)	1.88	-0.25	0	-2	-1	-3	-1	-	-	-	-	-	-	1.63
19.04															

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		2.75	2.75	2.75	2.75	2.25	-	-	-	-	-	-	-	2.75
Transitions	0.75		2.75	2.50	3.00	2.50	2.25	-	-	-	-	-	-	-	1.94
Performance	1.00		2.75	2.75	3.00	2.50	2.00	-	-	-	-	-	-	-	2.67
Composition	0.50		2.75	2.75	3.75	3.00	2.00	-	-	-	-	-	-	-	1.42
Interpretation of the Music	0.75		2.75	3.00	3.00	2.75	2.50	-	-	-	-	-	-	-	2.12
10.90															
0.00															



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre  
Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
16	Greta Fedoruk	Border SC of Fort,ON	16.90	12.25	0.00	0.00	29.15

# Executed Element	Base								Score
	Value	GOE	J1	J2	J3	J4	J5		
1 1A	1.10	0.00	0	0	1	0	0	1.10	
2 2F+2T<<	2.20	-0.90	-4	-5	-5	-5	-5	1.30	
3 2F	1.80	0.18	1	1	2	1	1	1.98	
4 FCSp2	2.30	0.00	0	0	0	0	1	2.30	
5 2Lz	2.10	-1.05	-5	-5	-5	-5	-5	1.05	
6 ChSq1	3.00	0.00	-1	0	0	0	0	3.00	
7 2S	1.30	-0.65	-5	-5	-5	-5	-5	0.65	
8 CCoSp2	2.50	0.17	1	2	0	0	1	2.67	
9 2Lo	1.70	-0.85	-5	-5	-5	-5	-5	0.85	
10 FCCoSp1	2.00	0.00	3	0	0	0	0	2.00	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor	3.75	3.50	3.50	3.00	2.50	-	-	-	-	-	-	-	Score
Skating Skills	1.00	3.75	3.50	3.50	3.00	2.50	-	-	-	-	-	-	-	3.33
Transitions	0.75	3.75	3.25	3.50	2.50	2.25	-	-	-	-	-	-	-	2.31
Performance	1.00	3.75	2.75	3.00	2.75	2.50	-	-	-	-	-	-	-	2.83
Composition	0.50	3.75	3.25	3.50	2.75	2.25	-	-	-	-	-	-	-	1.59
Interpretation of the Music	0.75	3.75	3.00	3.25	2.50	2.25	-	-	-	-	-	-	-	2.19
														12.25

0.00





# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre

Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
17	Kristyn VanHoof	Morrisburg & Dist,ON	19.14	10.20	0.00	0.50	28.84

#	Executed Element	Base								Score					
		Value	GOE	J1	J2	J3	J4	J5							
1	1F+1T	0.90	0.00	0	0	0	0	0	-	-	-	-	-	-	0.90
2	2Lo	1.70	-0.06	-1	0	0	-1	0	-	-	-	-	-	-	1.64
3	2T	1.30	0.00	-1	0	0	0	0	-	-	-	-	-	-	1.30
4	FSSp3	2.60	0.09	0	0	1	1	0	-	-	-	-	-	-	2.69
5	ChSq1	3.00	0.00	0	0	-1	0	0	-	-	-	-	-	-	3.00
6	CCoSp3	3.00	0.20	0	1	0	1	1	-	-	-	-	-	-	3.20
7	2F	1.80	-0.90	-5	-5	-5	-5	-5	-	-	-	-	-	-	0.90
8	2S+1T	1.70	-0.04	-1	0	0	-1	0	-	-	-	-	-	-	1.66
9	1A+1T*+1Lo	1.60	0.00	0	0	0	0	0	-	-	-	-	-	-	1.60
10	FCCoSp2	2.50	-0.25	-1	-1	-1	-1	1	-	-	-	-	-	-	2.25
19.14															

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor	2.75	2.75	3.25	2.75	2.50	-	-	-	-	-	-	-	-	2.75	
Skating Skills	1.00															2.75
Transitions	0.75															1.82
Performance	1.00															2.50
Composition	0.50															1.25
Interpretation of the Music	0.75															1.88
10.20																

1 Time Violation(s) factor (0.5) 0.50



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre

Gold Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
18	Madison McAllister	March-Kanata SC,ON	16.62	11.46	0.00	0.00	28.08

#	Executed Element	Base											Score			
		Value	GOE	J1	J2	J3	J4	J5								
1	1Lo	0.50	-0.17	-4	-4	-3	-3	-3	-	-	-	-	-	-	-	0.33
2	LSpB	1.20	-0.08	0	0	0	-2	-2	-	-	-	-	-	-	-	1.12
3	1A<<*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
4	ChSq1	3.00	0.33	-1	1	-2	2	2	-	-	-	-	-	-	-	3.33
5	FSSp3	2.60	0.26	1	2	0	2	0	-	-	-	-	-	-	-	2.86
6	2Lz+2T	3.40	-0.07	-1	0	1	0	-1	-	-	-	-	-	-	-	3.33
7	2F+2T	3.10	-0.06	-1	-1	0	0	0	-	-	-	-	-	-	-	3.04
8	2F	1.80	-0.24	-1	-2	0	-1	-2	-	-	-	-	-	-	-	1.56
9	2Lz	2.10	-1.05	-5	-5	-5	-5	-5	-	-	-	-	-	-	-	1.05
10	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
11	.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		2.50	3.00	3.75	3.25	3.00	-	-	-	-	-	-	-	-	3.08
Transitions	0.75		3.00	2.50	3.25	3.00	3.00	-	-	-	-	-	-	-	-	2.25
Performance	1.00		2.50	2.75	3.00	2.75	1.75	-	-	-	-	-	-	-	-	2.67
Composition	0.50		2.75	2.75	3.25	3.25	2.50	-	-	-	-	-	-	-	-	1.46
Interpretation of the Music	0.75		2.50	2.75	3.00	2.75	2.50	-	-	-	-	-	-	-	-	2.00
																11.46

0.00